



**THE WORK WAS
VERY INTENSIVE,
AT THE SAME
TIME QUITE
DIVERSE.**

**PSYCHOLOGIST,
FRONT-LINE HELPER,
UKRAINE**

IT WAS VERY HARD ESPECIALLY AT THE
BEGINNING: YOU SEE SOLDIERS,
SERIOUSLY WOUNDED, PARENTS, WHO
ARE HOPELESS.

AT THE BEGINNING YOU DEAL WITH
IMMEDIATE PROBLEMS, WHILE AT LATER
STAGES, WHEN THE SITUATION IS
SETTLED DOWN, YOU DEAL WITH MORE
IN-DEPTH PROBLEMS, WITH THE LONG-
TERM CONSEQUENCES”.



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