

From Scene to Recovery: How teamwork between Pre-hospital and In-hospital staff improves E-CPR outcomes. Insights from a tertiary center in Madrid, Spain

Sandra O. Rosillo Rodríguez, MD, PhD

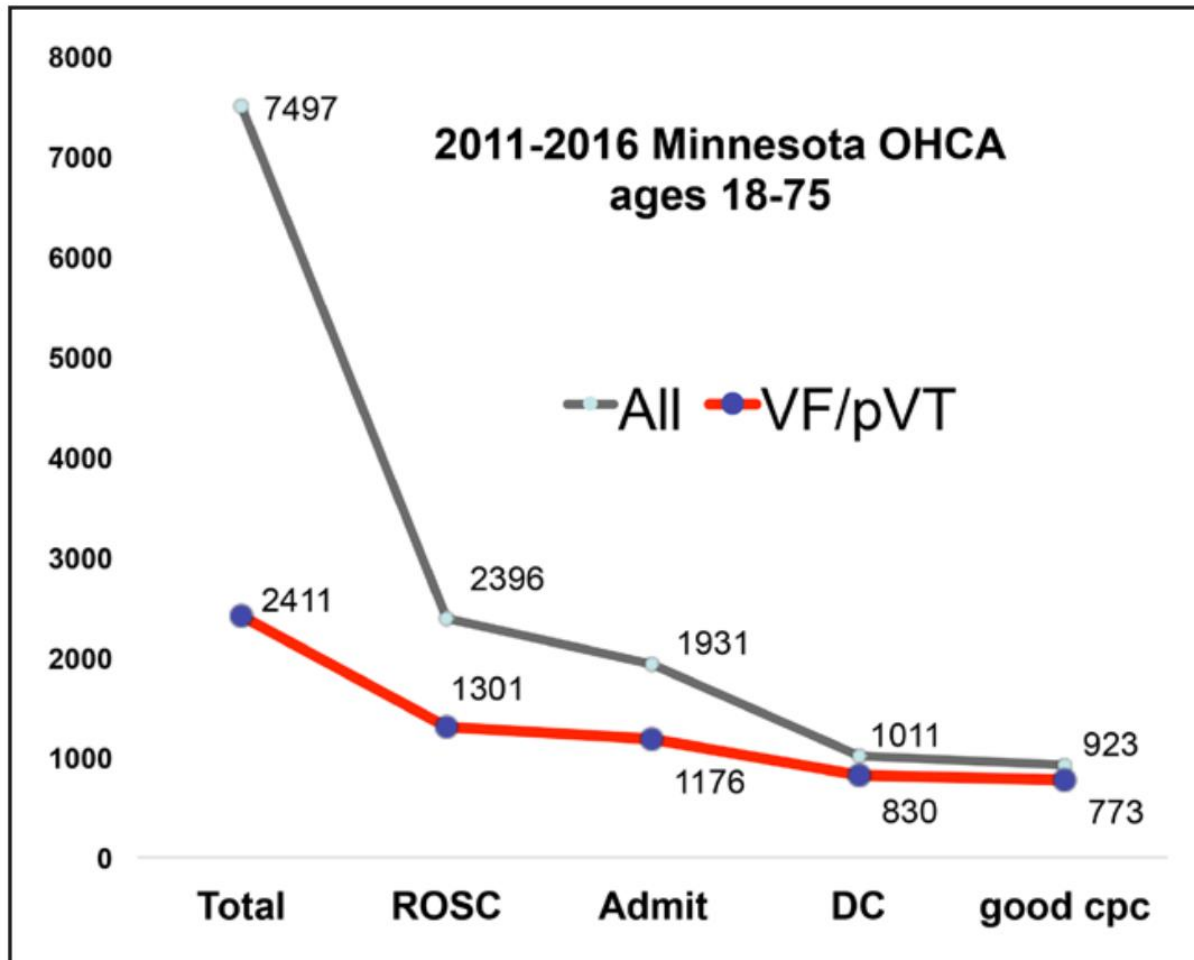
Acute Cardiac Care Unit

Hospital Universitario La Paz, IdiPAZ, Madrid

National Representative Spain ESC ACVC

09/05/2024

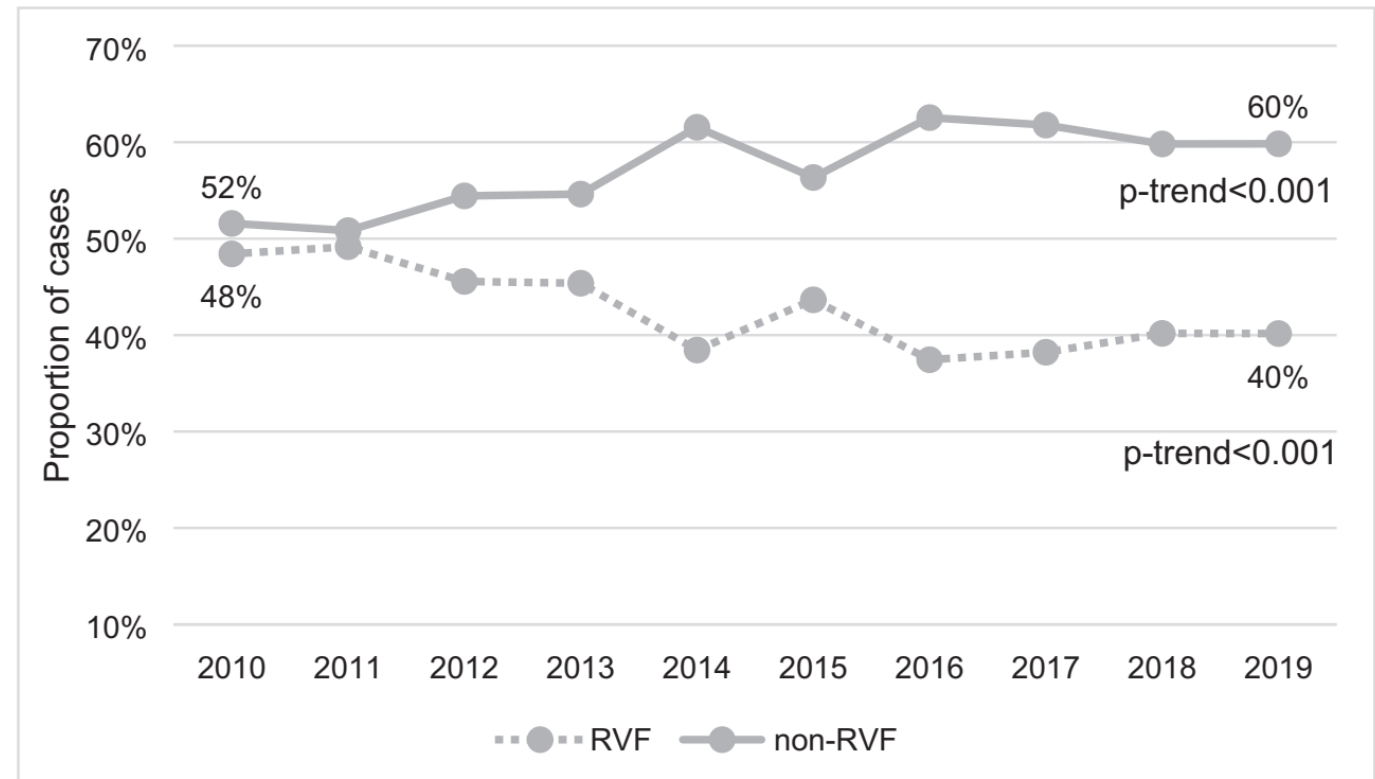
Background



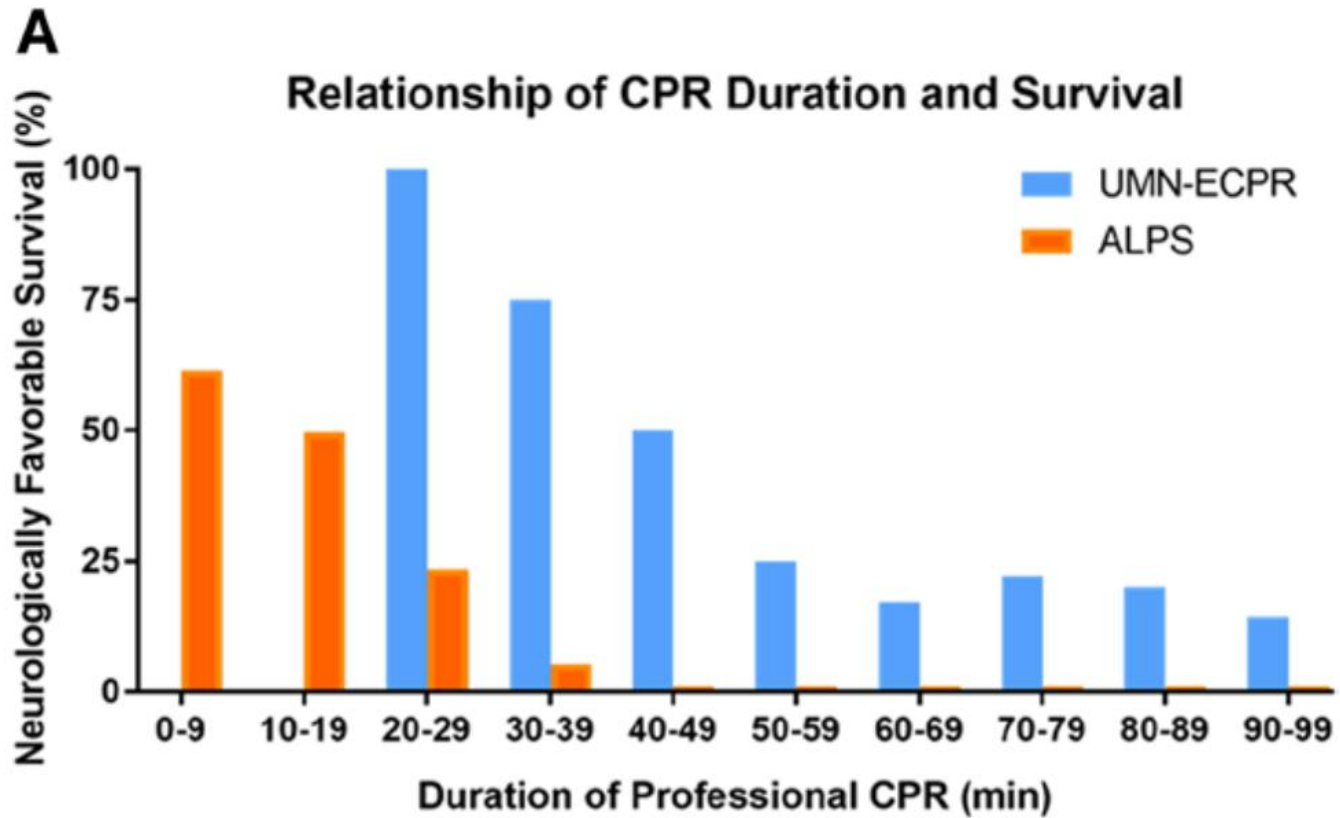
- ≈20-30% of OHCA pts have initial shockable rhythms (VF/VT).
- Initial shockable rhythms (ISR) contribute to 60% of survivors with CPC 1-2.
- ISR is a favorable prognostic marker (survival OR ranging to 5-15).

Background

- Yet, 50-60% of patients with VF/VT OHCA are *refractory* to advanced CPR and fail to achieve sustained return of spontaneous circulation (ROSC) after *3 defibrillations + administration of 300 mg amiodarone*.

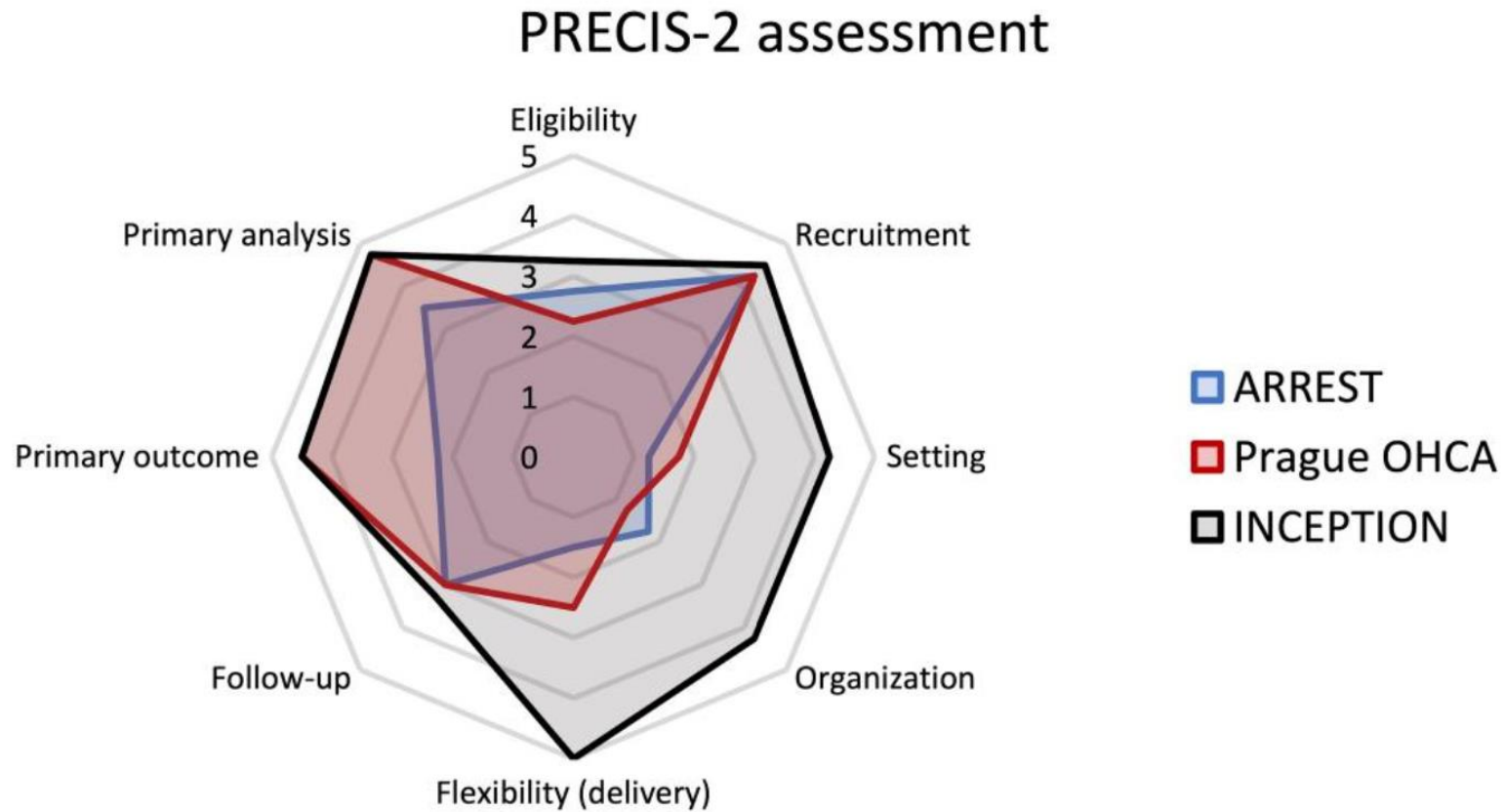


Background



- Refractory ISR SV con CPC 1-2 >40 minutos <1%

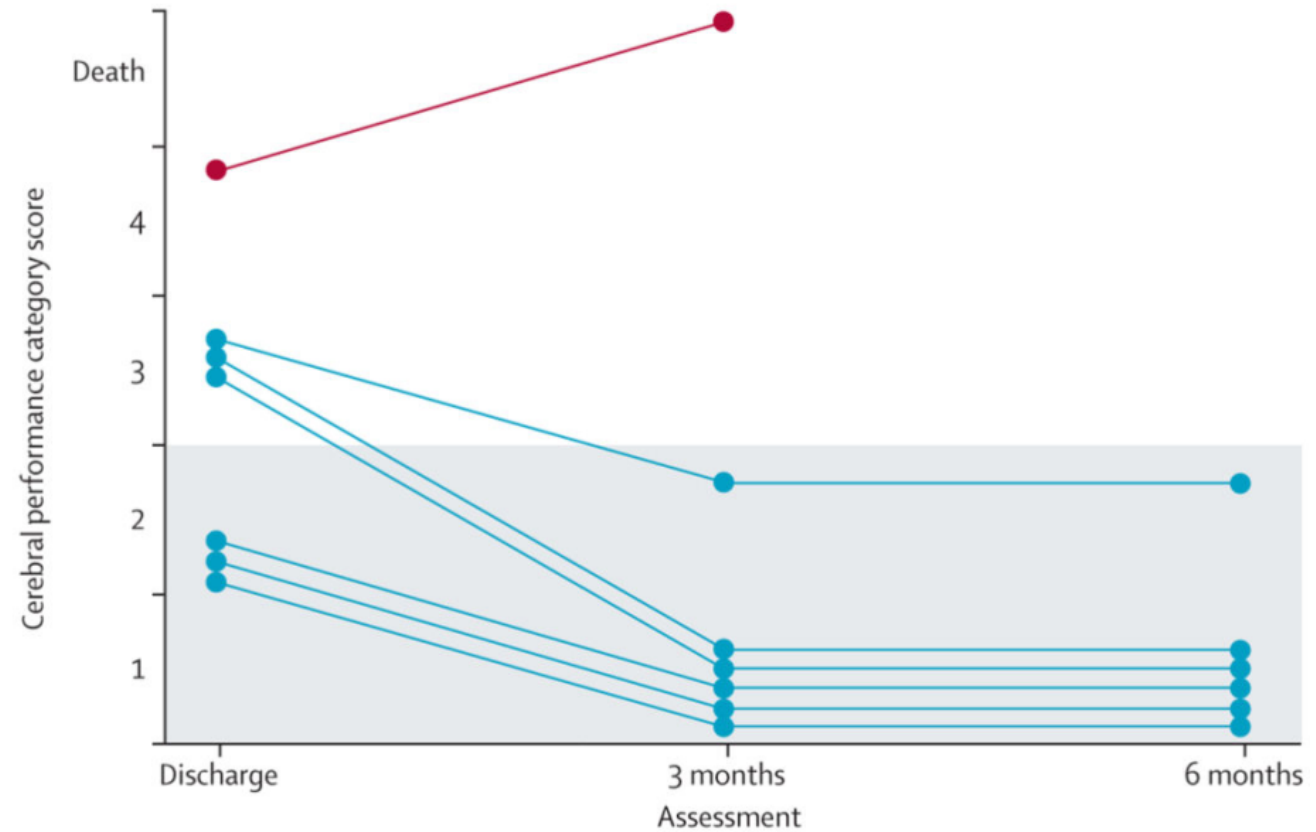
E-CPR for everyone?



	ARREST^{6,12}	Prague OHCA^{5,10}	INCEPTION^{11,13}
Setting	Single-centre University of Minnesota, USA	Single-centre Charles University, Prague, Czech Republic	Multi-centre the Netherlands
Studied intervention	ECPR and early revascularization	Invasive bundle consisting of intra-arrest transport with mechanical CPR, ECPR, and immediate invasive assessment (coronary angiography)	ECPR
Comparator	CCPR and early revascularization	CCPR with encouraged immediate invasive assessment	CCPR
Number of participating centres	1	1	10
Inclusion Period	August 2019 to June 2020	March 2013 to October 2020	May 2017 to February 2021
Inclusion Criteria			
Age	18–75 years	18–65 years	18–70 years
Only witnessed OHCA	No	Yes	Yes
Rhythm	VF or pulseless VT	Presumed cardiac aetiology, all rhythms	VT/VF or AED-shock admitted
ROSC	No ROSC after 3 shocks	No ROSC after 5 min of ALS	No ROSC within 15 min of ALS
Other	Body habitus able to support mechanical CPR, estimated transport time <30 min	ECPR team available at cardiac centre	Only bystander ALS

E-CPR for everyone?

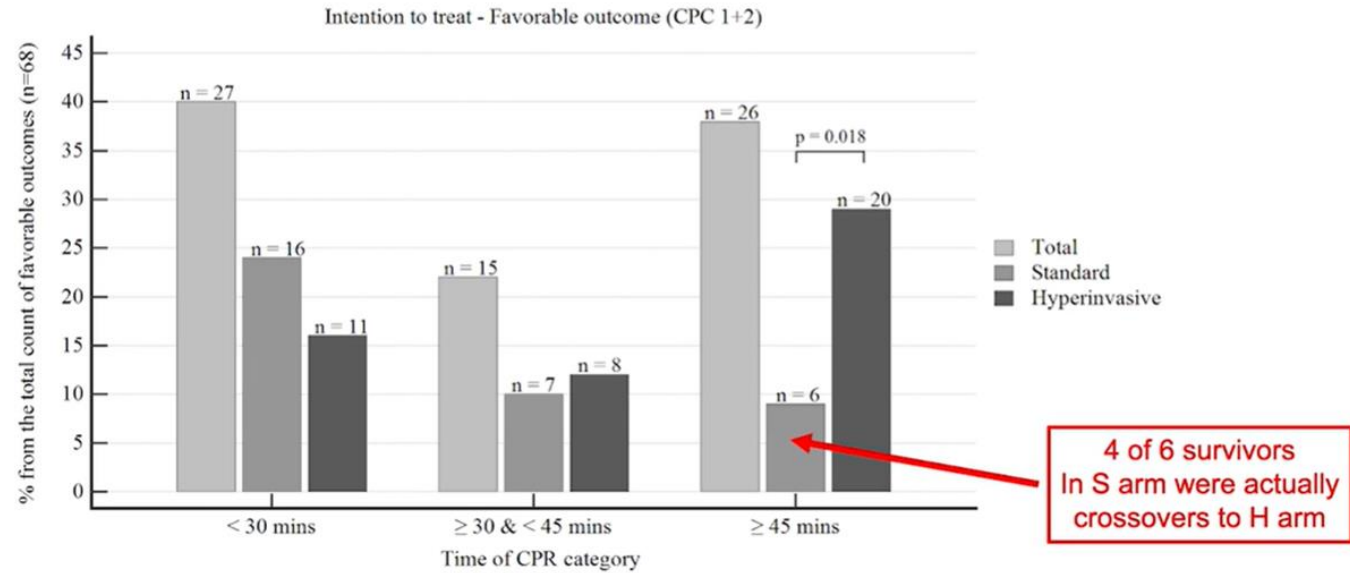
Outcomes	CCPR/ standard treatment	ECPR/ invasive strategy	P-value
ARREST			
	n = 15	n = 14	
Survival to hospital discharge	1 (7%)	6 (43%)	0.023
3-month survival	0	6 (43%)	0.006
6-month survival	0	6 (43%)	0.006
Prague OHCA			
	n = 132	n = 124	
30-day survival (CPC1-2)	24 (18%)	38 (31%)	0.02
6-month survival (CPC1-2)	29 (22%)	39 (32%)	0.09
INCEPTION			
	n = 64	n = 70	
30-day survival (CPC1-2)	10 (16%)	14 (20%)	0.518*
3-month survival (CPC1-2)	9 (14%)	12 (17%)	0.600*
6-month survival (CPC1-2)	10 (16%)	14 (20%)	0.537*



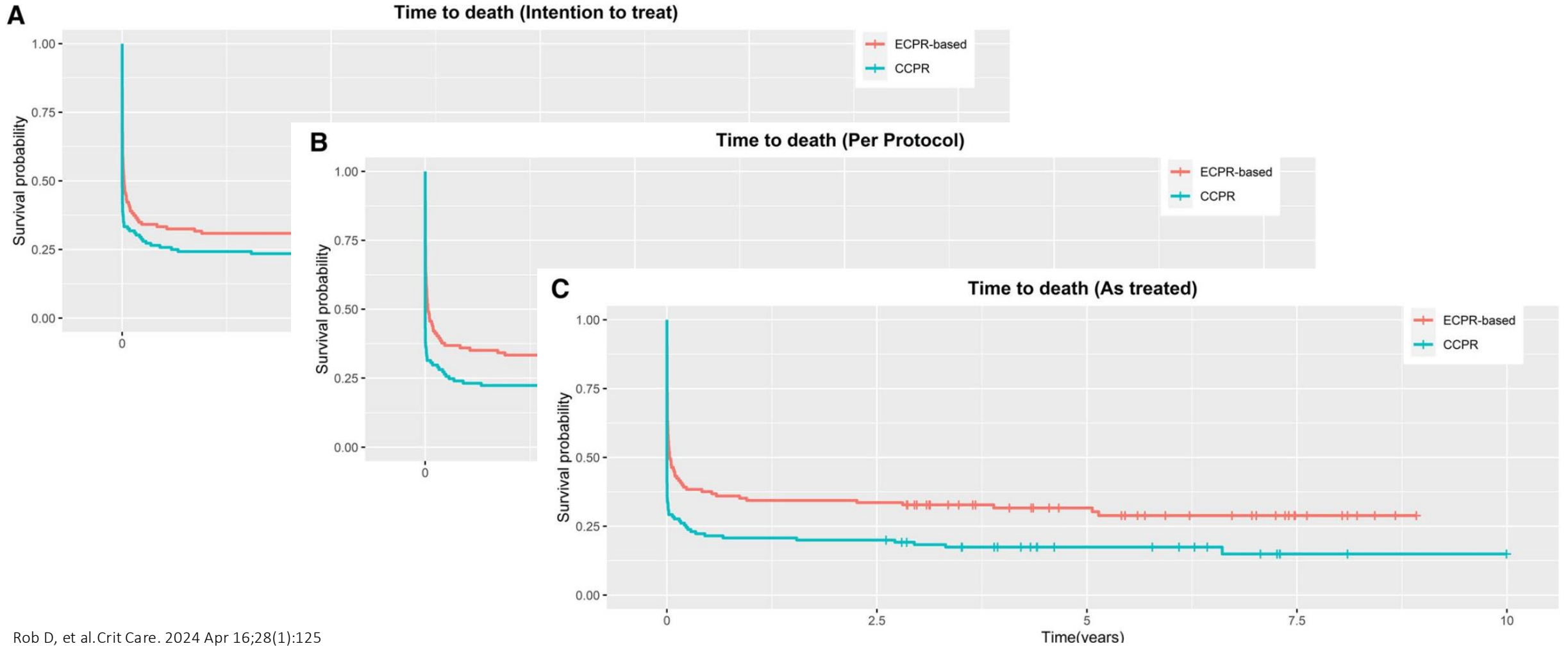
E-CPR for everyone?

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Survival related to time of CPR

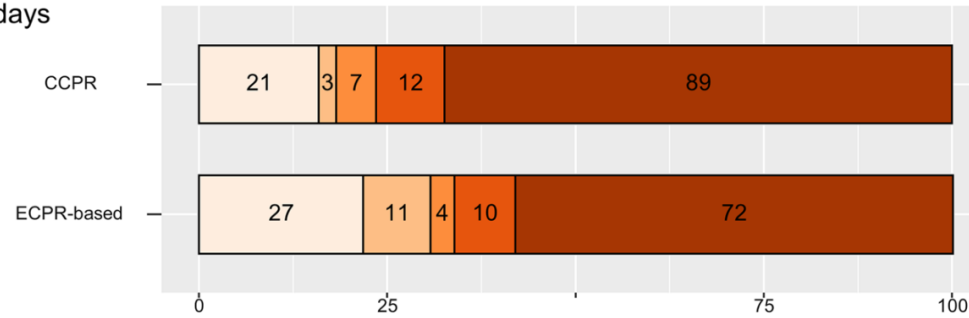


E-CPR for everyone?

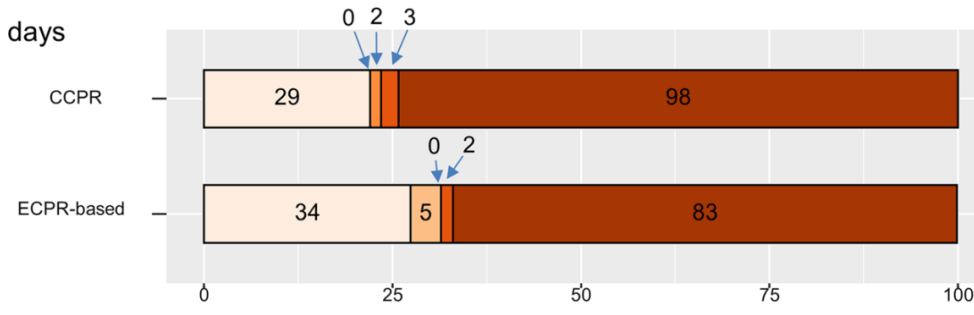


Background

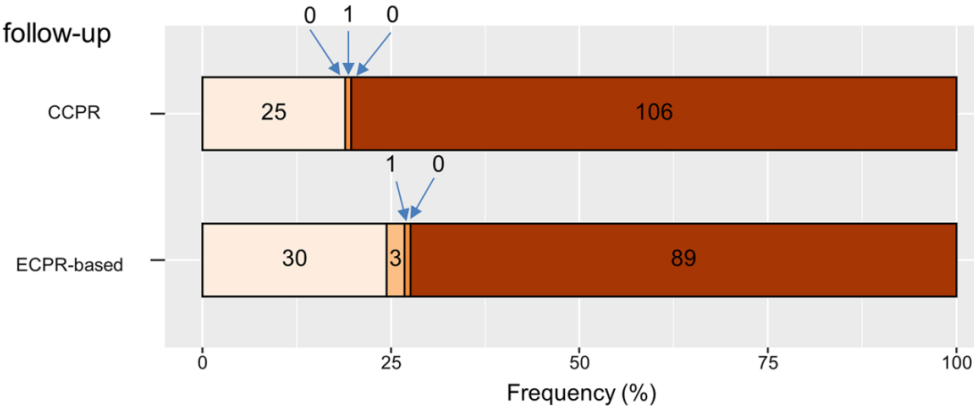
A) CPC 30 days



B) CPC 180 days



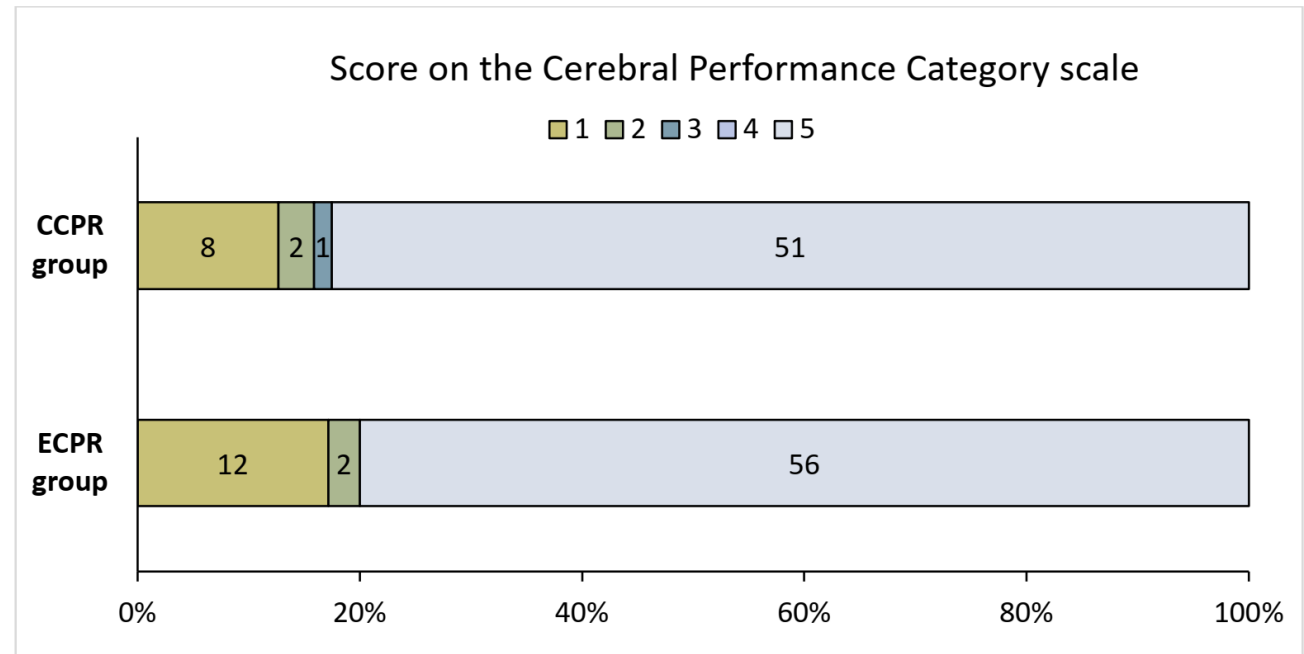
C) CPC last follow-up



E-CPR for everyone?

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Figure S3. Survival with a favorable neurologic outcome at 30 days

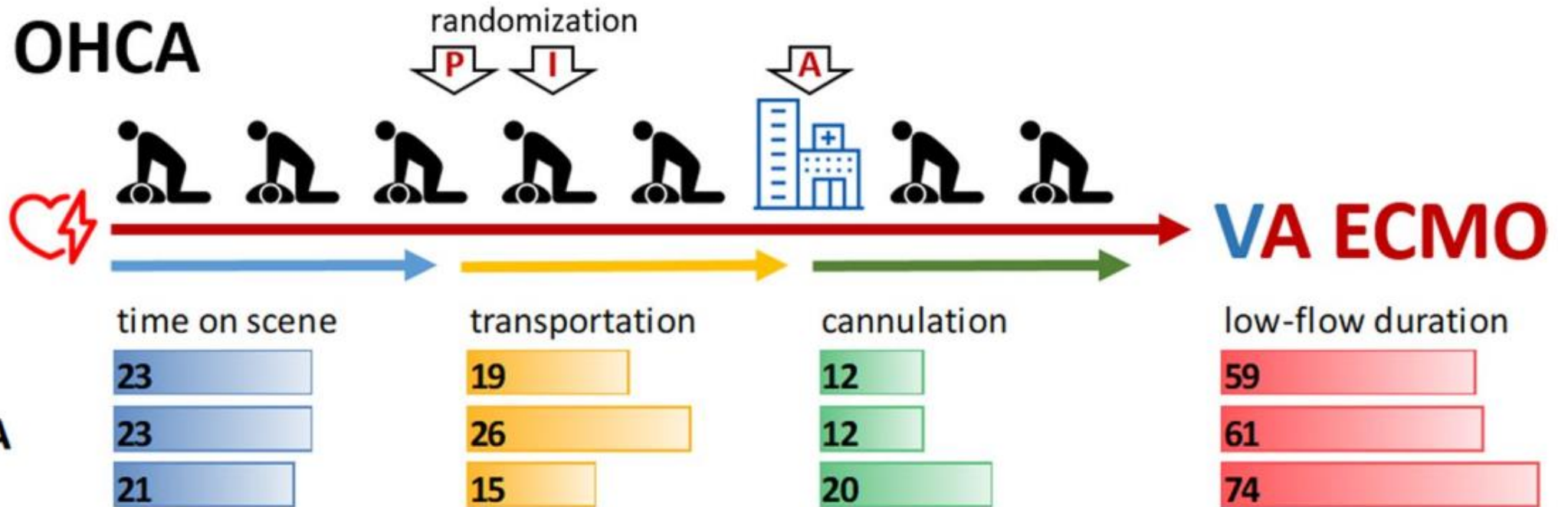


E-CPR for everyone?

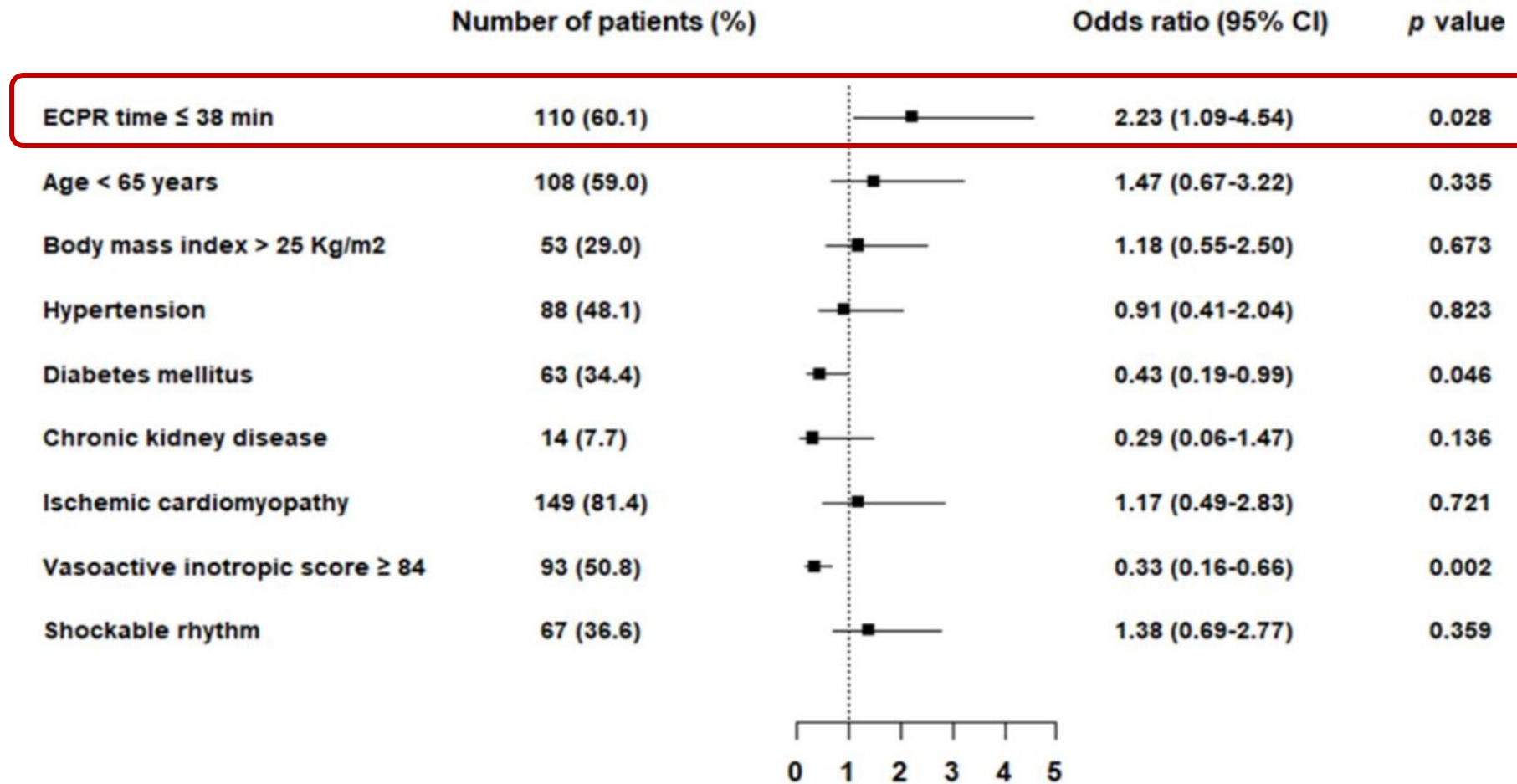
ECPR in OHCA

RCT

Arrest
Prague OHCA
Inception



E-CPR for everyone?



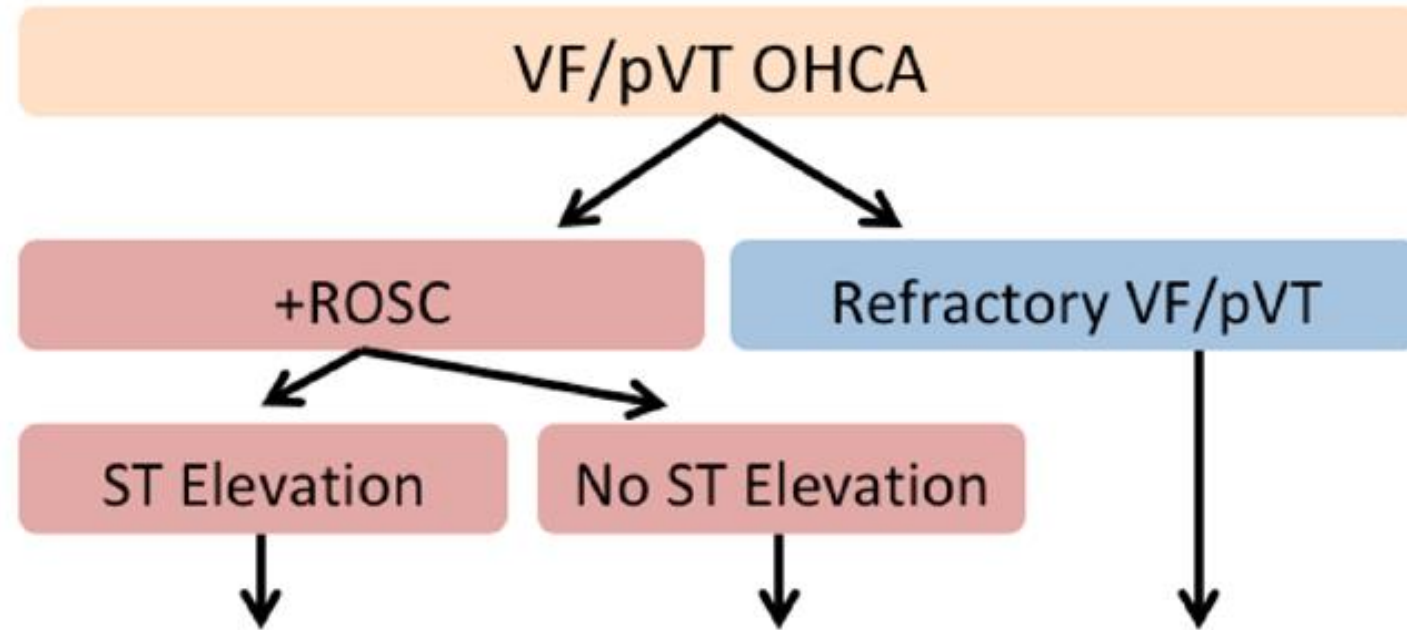
E-CPR for everyone?

Table S2. Center description				
	Number of patients	Median time to ECMO flow (min)	Location of Extracorporeal CPR	Cannulation
Center 1	43	66 (44-75)	Emergency department	Cardiothoracic surgeon
Center 2	10	95 *	Cath lab	Cardiothoracic surgeon, Interventional cardiologist
Center 3	14	63 (37-80)	Cath lab	Interventional cardiologist
Center 4	13	77 (36-89)	Emergency department	Cardiothoracic surgeon
Center 5	6	43 **	Cath lab	Interventional cardiologist
Center 6	3	41 *	Emergency department	Cardiothoracic surgeon, Intensivist
Center 7	8	53 (25-108)	Cath lab	Interventional cardiologist
Center 8	32	69 (54-75)	Emergency department	Intensivist
Center 9	3	69 *	Cath lab	Cardiothoracic surgeon
Center 10	1	NA	Emergency department	Cardiothoracic surgeon, Intensivist

< 0.001	6,744
< 0.001	6,744

Hospital annual ECPR ca
0–9 cases annually
Per each additional 10

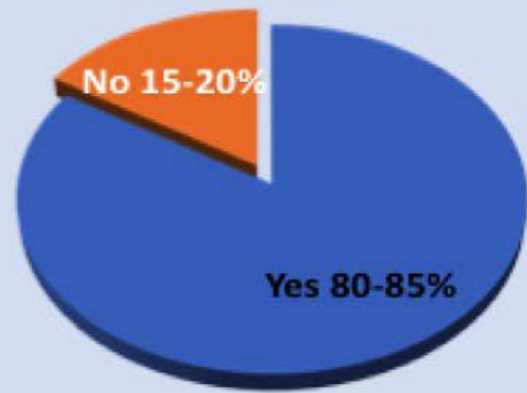
Tonna JE, et al. Crit Care Explor. 2022 Jul 25



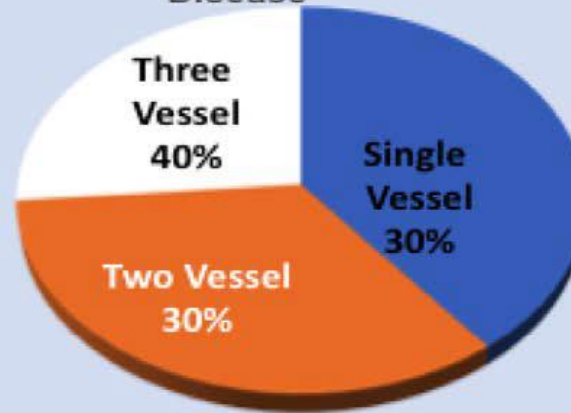
	STE	No STE	Refractory
Significant CAD	70-95%	25-50%	75-85%
Acute Lesions	70-80%	25-35%	60-65%

Coronary Artery Disease Burden for refractory VF OHCA

Significant Coronary Disease ($\geq 70\%$)



Extent of Coronary Artery Disease



Background

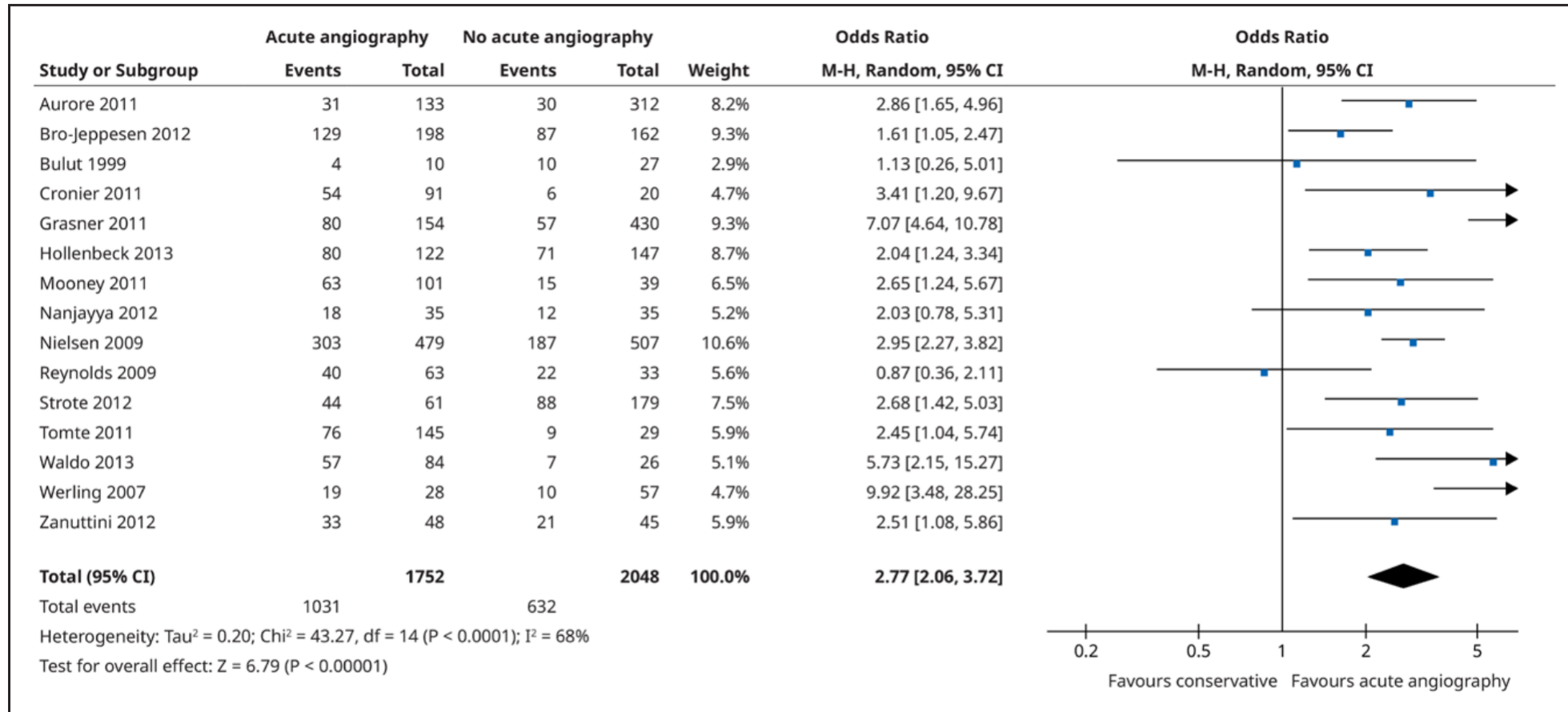
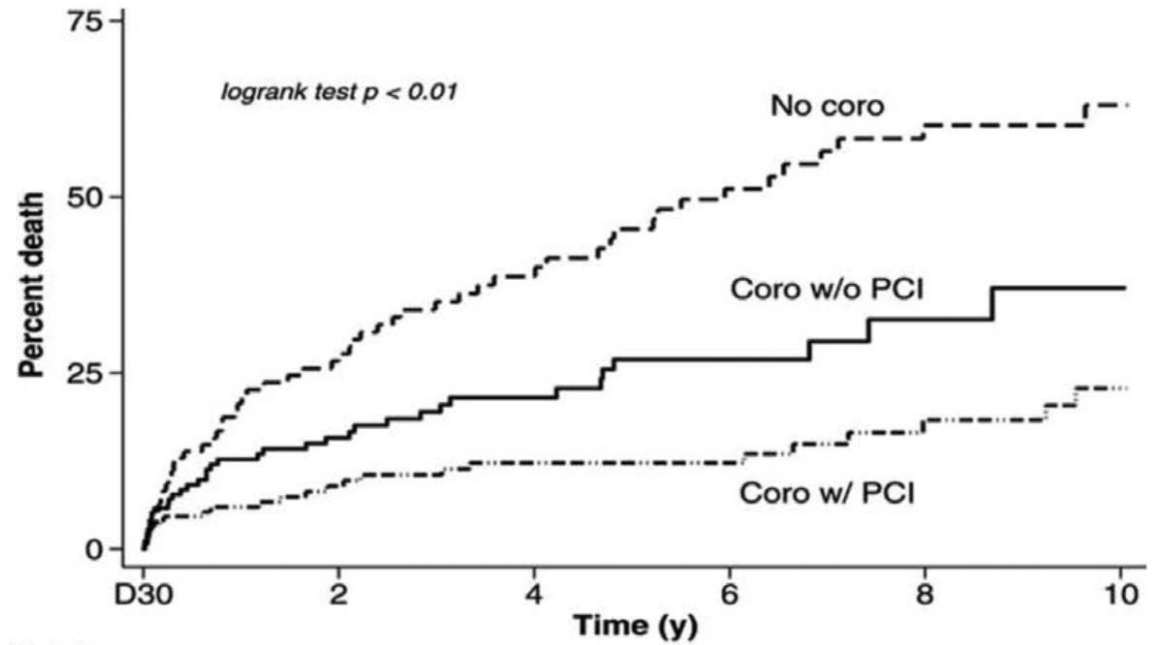
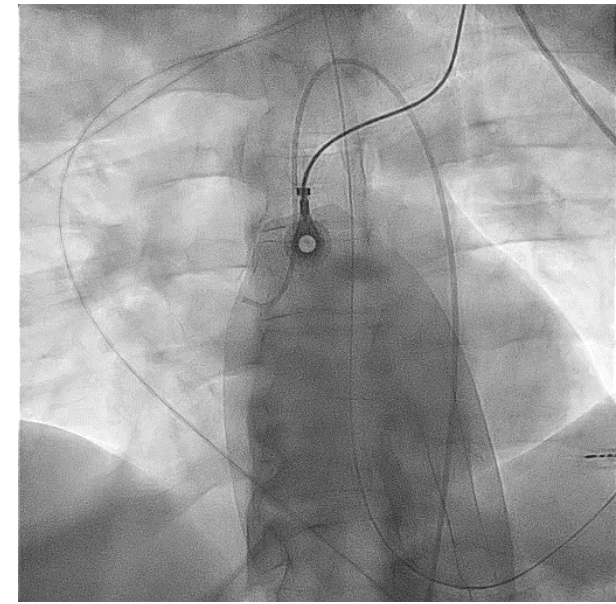
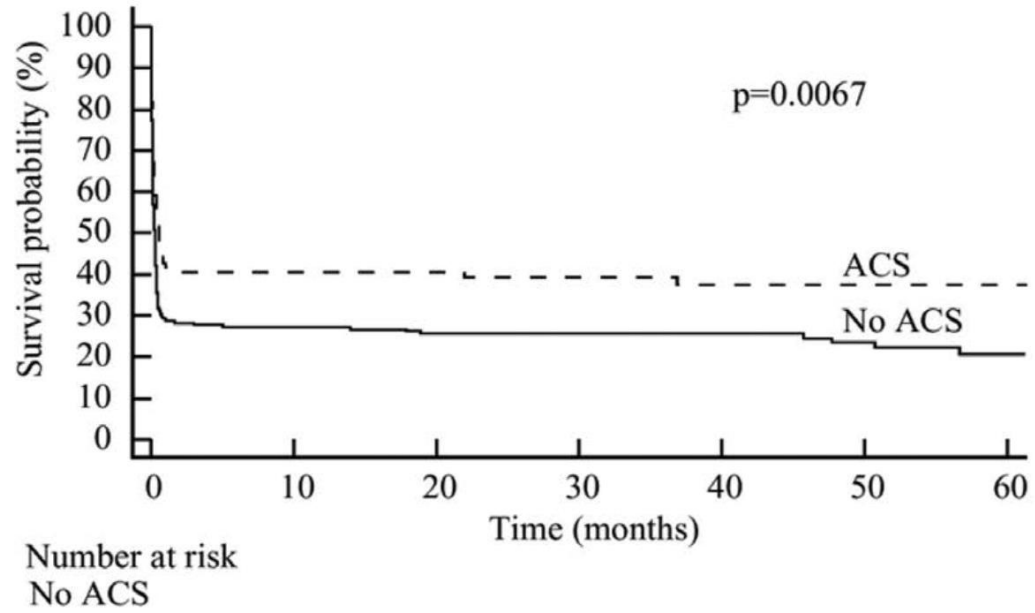


Figure 3. Meta-analysis of the effect of acute angiography after ventricular fibrillation/pulseless ventricular tachycardia cardiac arrest on survival. df indicates degrees of freedom; and M-H, Mantel-Haenszel test. Reprinted from Camuglia et al¹² with permission from Elsevier. Copyright © 2014, Elsevier.



Keys to success

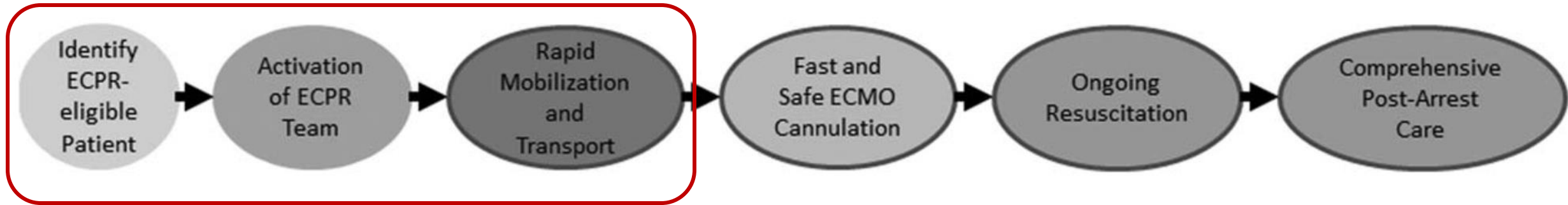


Refractory cardiac arrest: where extracorporeal cardiopulmonary resuscitation fits

Jason A. Bartos^{a,b} and Demetris Yannopoulos^{a,b}

VA-ECMO is a component of an entire ECPR system comprised of EMS, cannulation teams, and the full spectrum of medical specialties and hospital services needed to care for this extremely complex patient population. Successful patient outcomes can only occur if all components of the system are in place.

Keys to success



Keys to success



Refractory CA: fail to achieve sustained ROSC after 3 defibrillations + administration of 300 mg amiodarone (≈first 15 min).

Patient selection

- Age < 75 years [39]
- Bystander CPR [41]
- Shockable rhythm [40]
- Short low-flow duration [7]
- Incomplete information
- Professional CPR teams [42]
- Availability of ECPR resources

OHCA

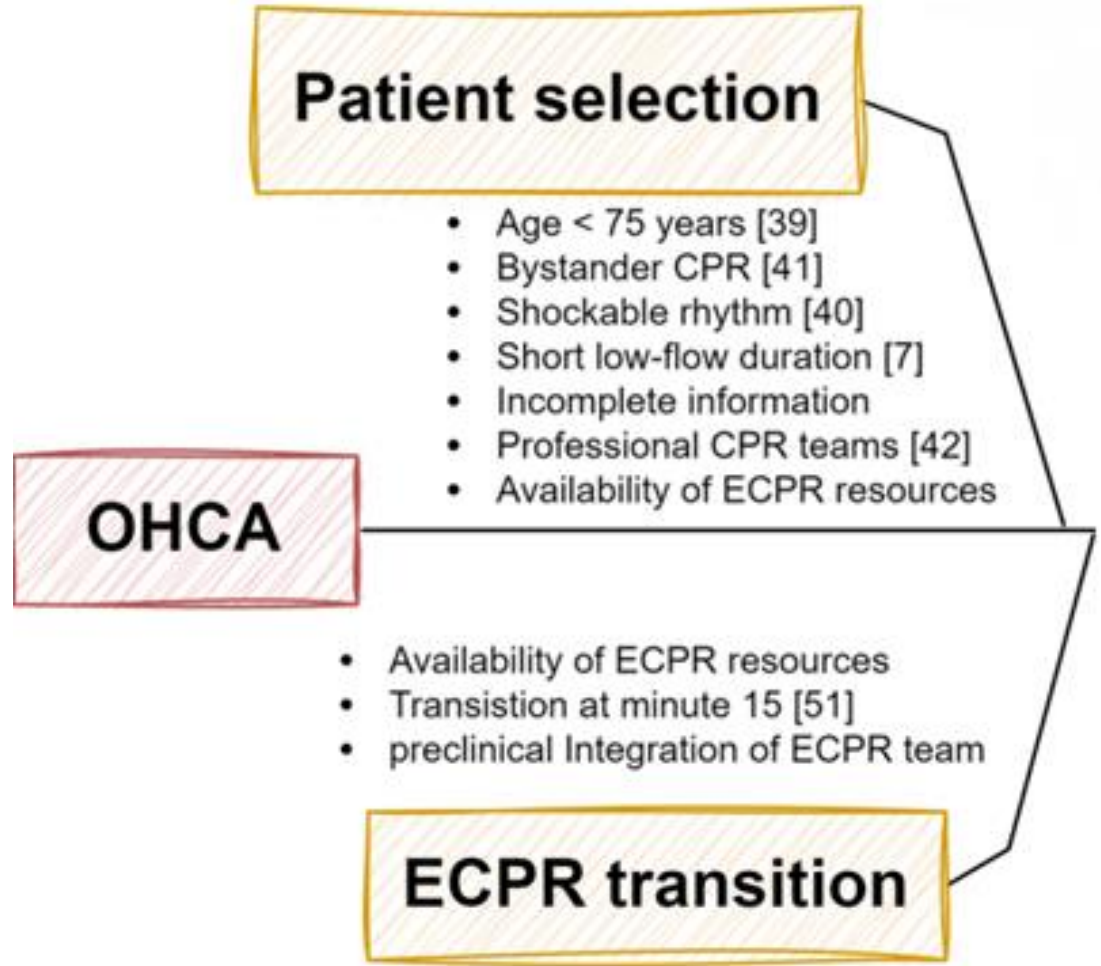
Identify eligible E-CPR patient

Table 1 Potential ECPR inclusion criteria, as suggested by ELSO [11]

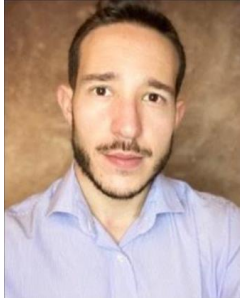
Go criteria for ECPR

- ✓ Age < 70 years ~~≤ 65 years~~
- ✓ Witnessed cardiac arrest
- ✓ Time from arrest to CCPR ("no-flow interval") < 5 min (i.e., bystander CPR)
- ✓ Initial cardiac rhythm of ventricular fibrillation/pulseless ventricular tachycardia/~~pulseless electrical activity~~ Non traumatic CA
- ✓ Time from arrest to initiation of ECMO flow ("low-flow interval") < 60 min Ideally arrival to cath lab < 45 min
- ✓ End-tidal carbon dioxide (ETCO₂) > 10 mmHg (1.3 kPa) during CCPR prior to ECMO
- ✓ Intermittent ROSC or recurrent ventricular fibrillation
- ✓ Presence of "signs of life" during CCPR may predict survival
- ✓ Absence of previously known life-limiting comorbidities (e.g., end-stage heart failure, chronic obstructive pulmonary disease, end-stage renal failure, liver failure, terminal illness) and alignment with the patient's care goals
- ✓ No known significant aortic valve incompetence (> mild aortic valve incompetence should be ruled out)

Keys to success



ECMO TEAM 24/7



Dr. E. Arbas



Dr. J. Caro

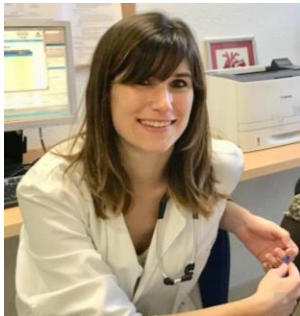


Dr. S. Rosillo



Dr. C. Ugueto

Acute Cardiac Care



Dr. I. Ponz



Dr. A. Chaverri



Dr. A. Cid

Advanced Heart Failure and Trasplant



Dr. J. Ruiz



Dr. P. Merás



Dr. C. Merino

Complex Congenital Heart Diseases

ECMO TEAM 24/7



Dr. Raúl Moreno Gómez

*Interventional
Cardiology*



Dr. Santiago Jiménez Valero



Dr. Guillermo Galeote García



Dr. Alfonso Jurado Román



Dra. Ariana González García

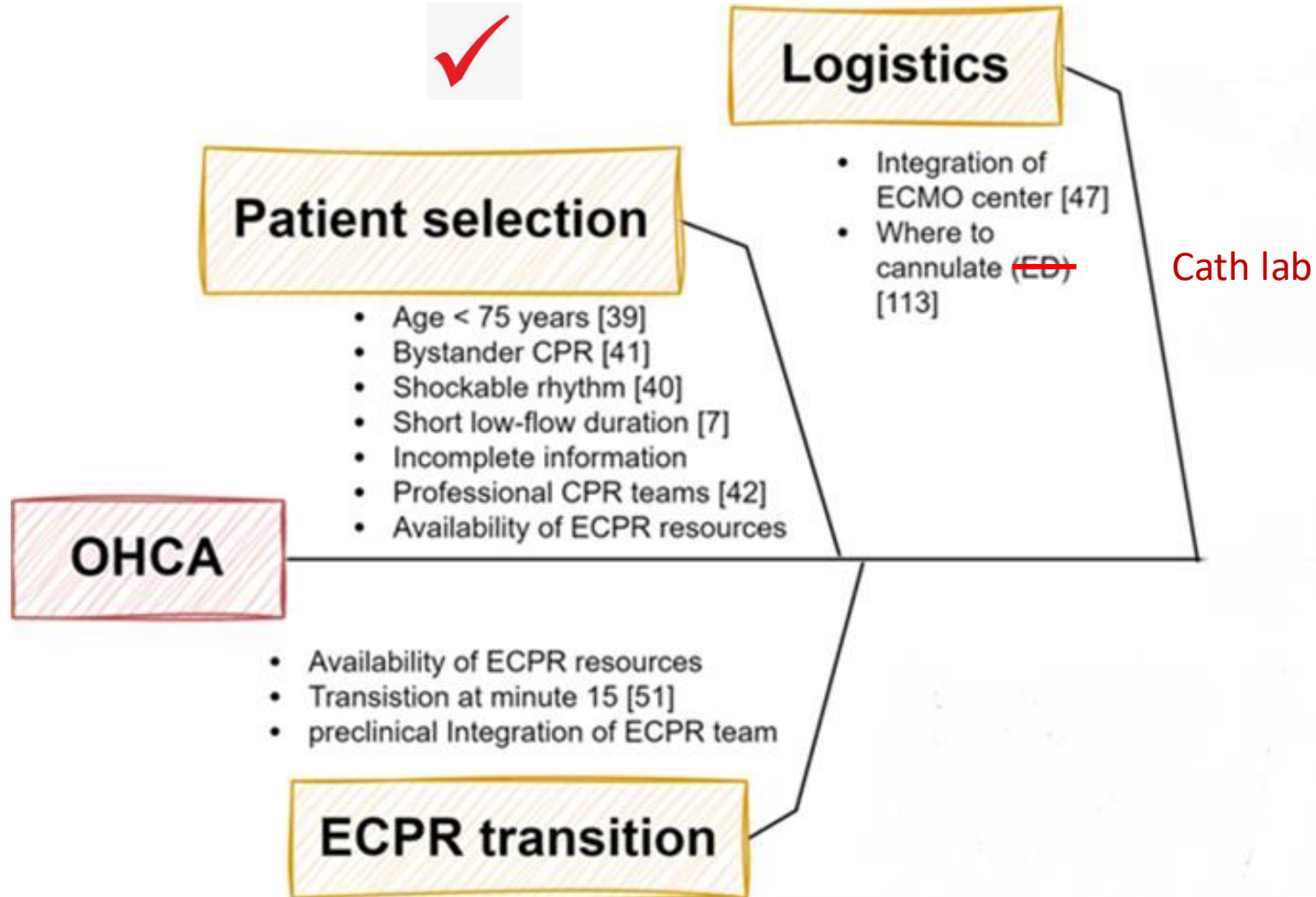


Dr. Daniel Tébar Márquez



Dr. Borja Rivero Santana

Keys to success



Cath Lab ready for a patient with refractory cardiac arrest

Invasive mechanical ventilation

Difficult intubation kits and aspiration systems

Expert nurse (EN2)

Acute care cardiologist (ACC1)

Defibrillator

ACC (2)

TTE

ECMO

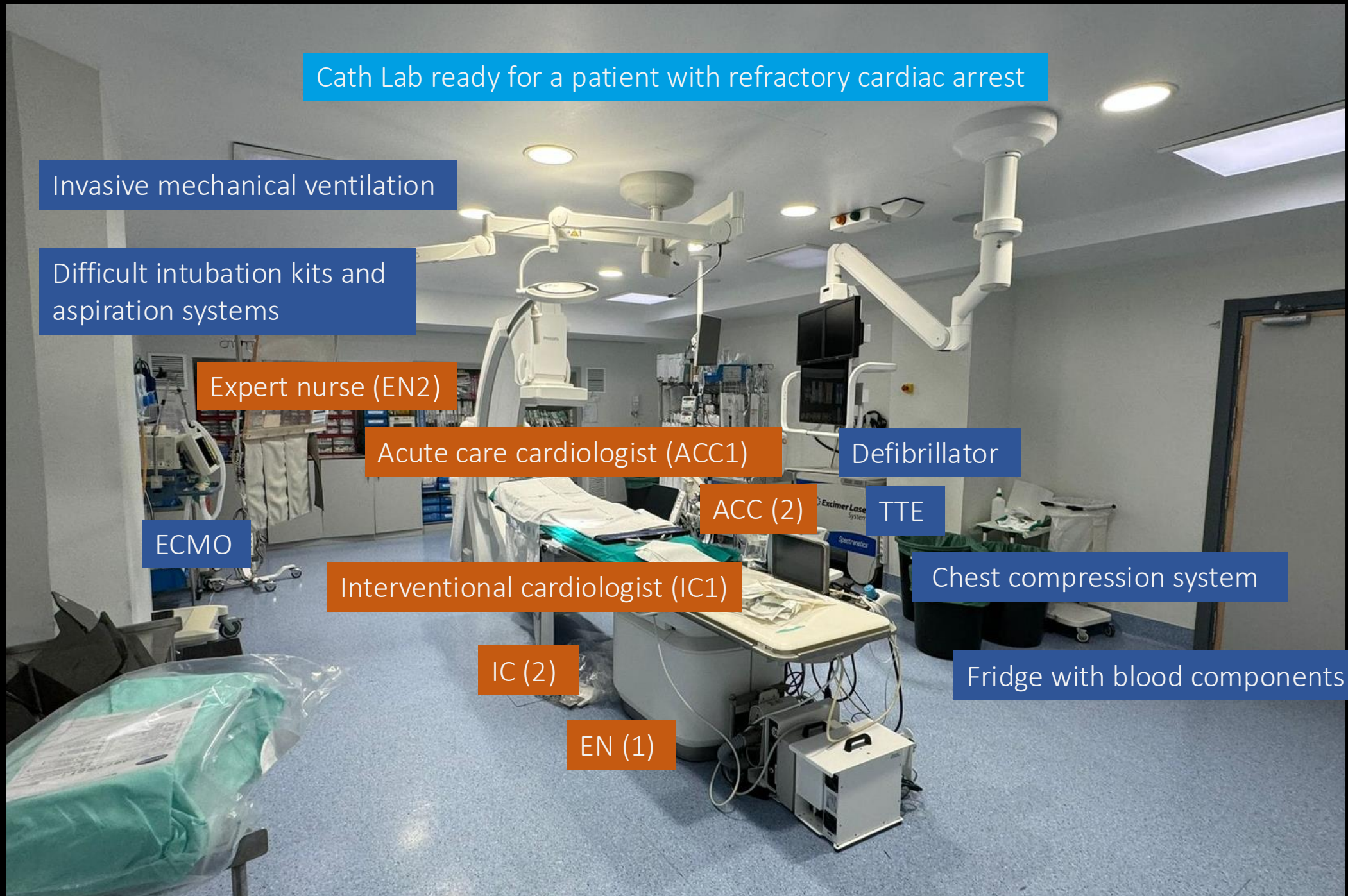
Interventional cardiologist (IC1)

Chest compression system

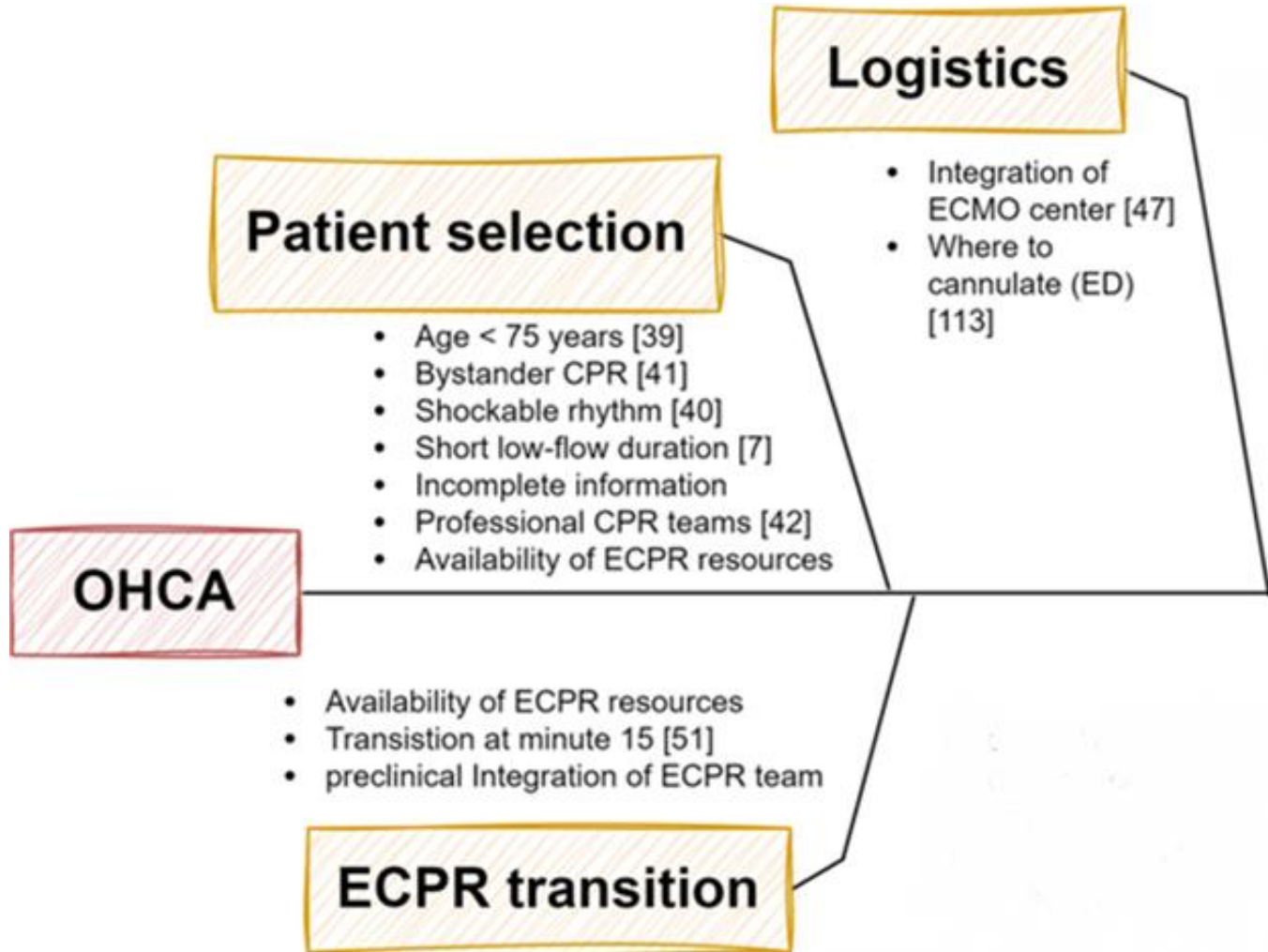
IC (2)

Fridge with blood components

EN (1)



Reduce time



60 min
< 15 min

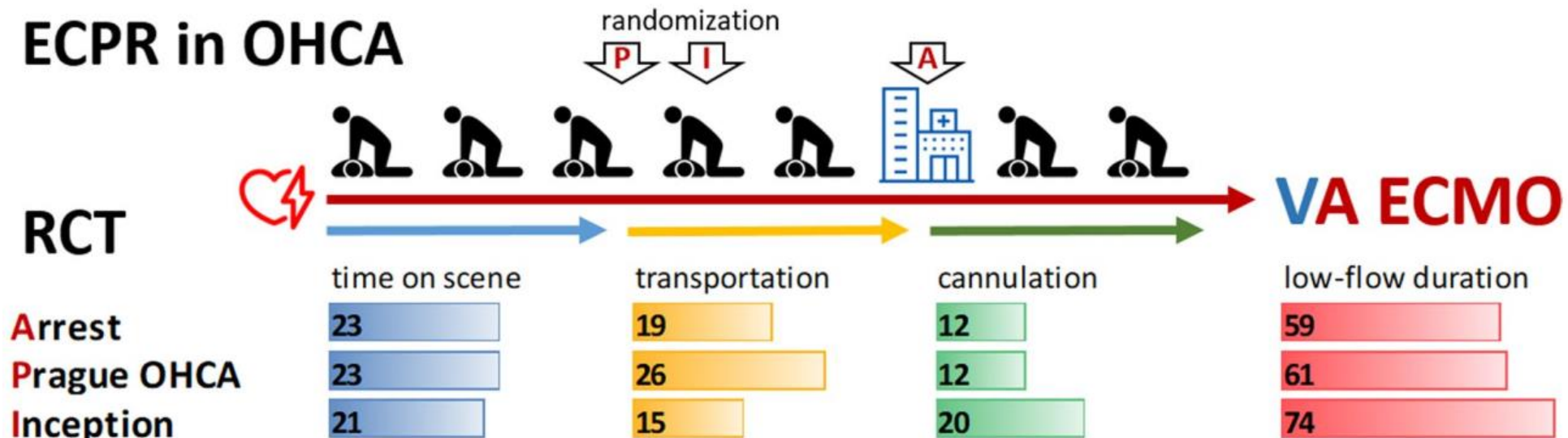
Reduce time

	2022	2023	2024*
Canulation times (min)	18 [12 – 25]	10 [6 – 14]	15 [11 – 17]

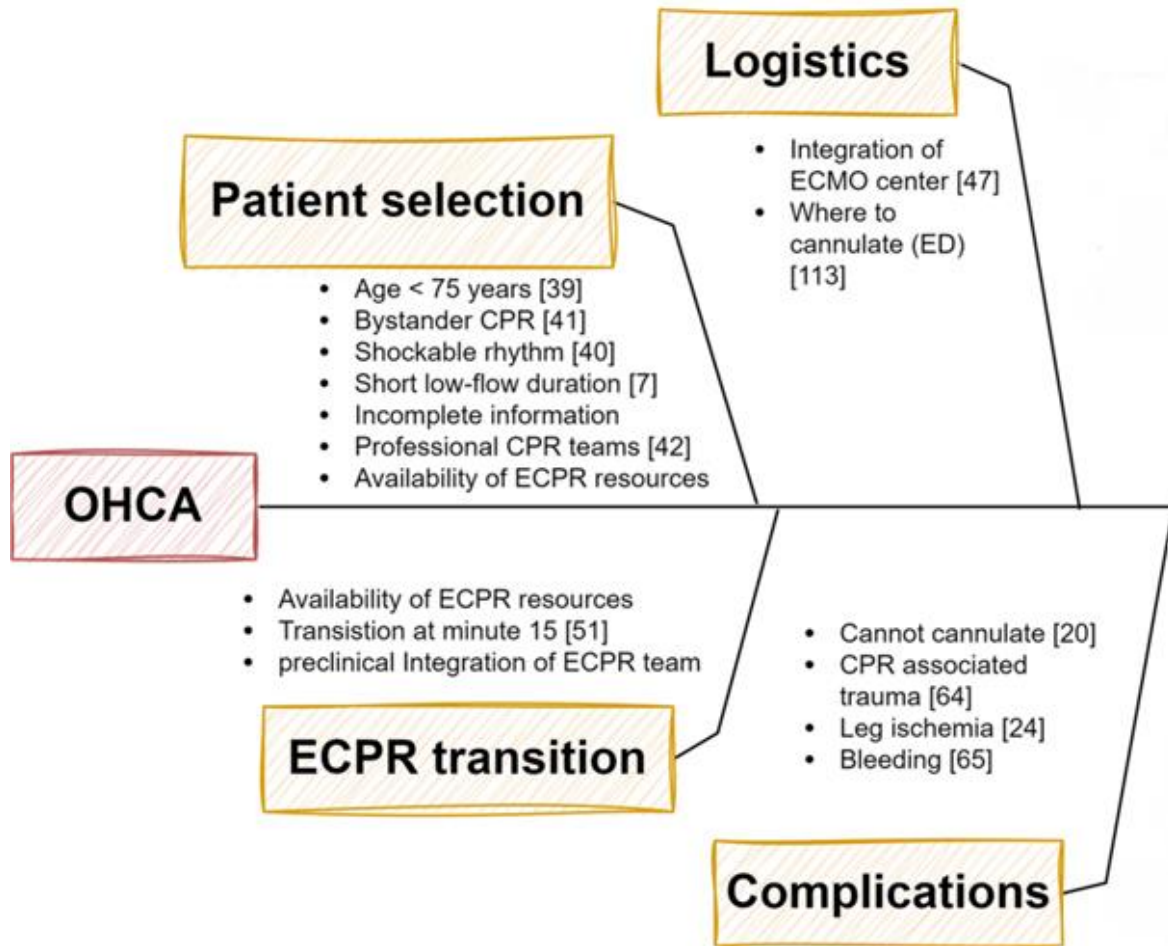
*Includes patients until August 1st, 2024

Continuous variables are described as medians and interquartile range

ECPR in OHCA



Reduce access site complications



- Bilateral femoral cannulation
Echo/micropuncture guided
0% failure cannulation

- Small size 15F/21F, Low Flow

- Initially *without distal perfusion* cannula
First 6 hours ACCU (NA, A)
Echo guided

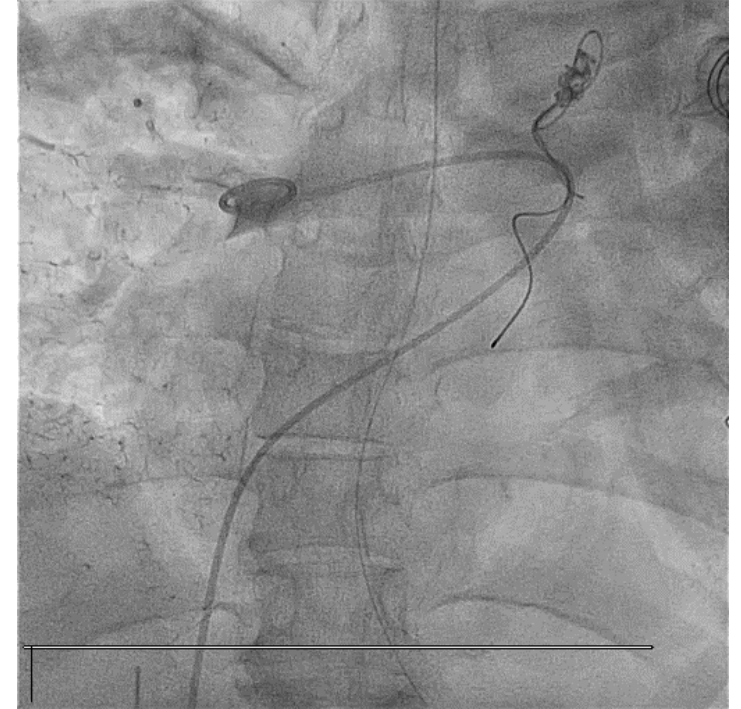
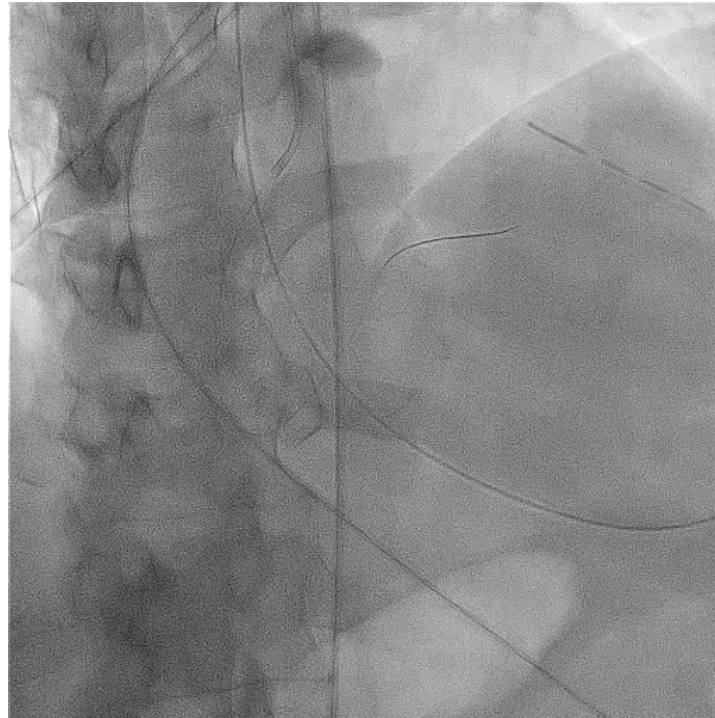
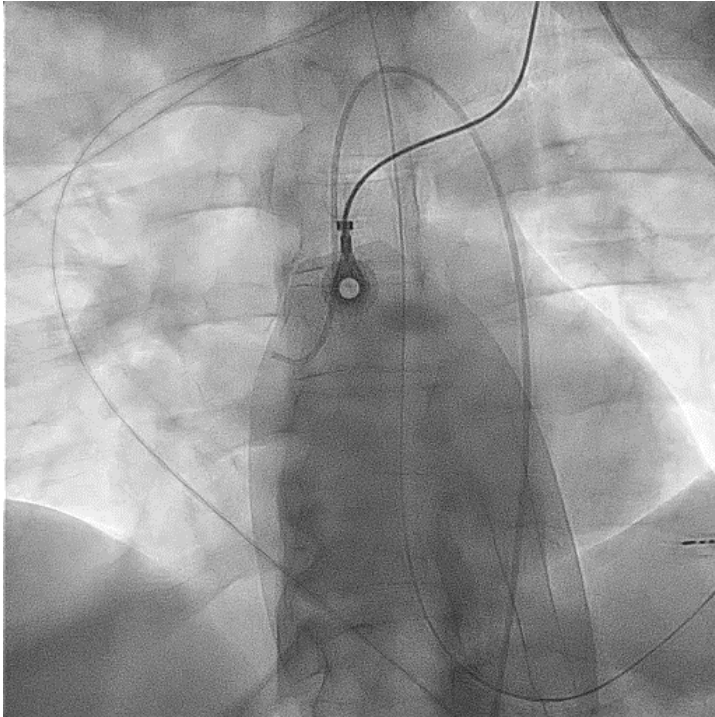
Reduce access site complications

	2022	2023	2024*
Arterial Canula			
15F	4 (100%)	5 (71,4%)	6 (100%)
17F	0	2 (28,6%)	0
Venous canula			
21F	4 (100%)	7 (100%)	6 (100%)
Ischemia	0	1 (14,3%)	1 (16,7%)
Distal perfusion	-	0	1 (16,7%)
Surgery	-	1** (14,3%)	0

*Includes patients until August 1st, 2024

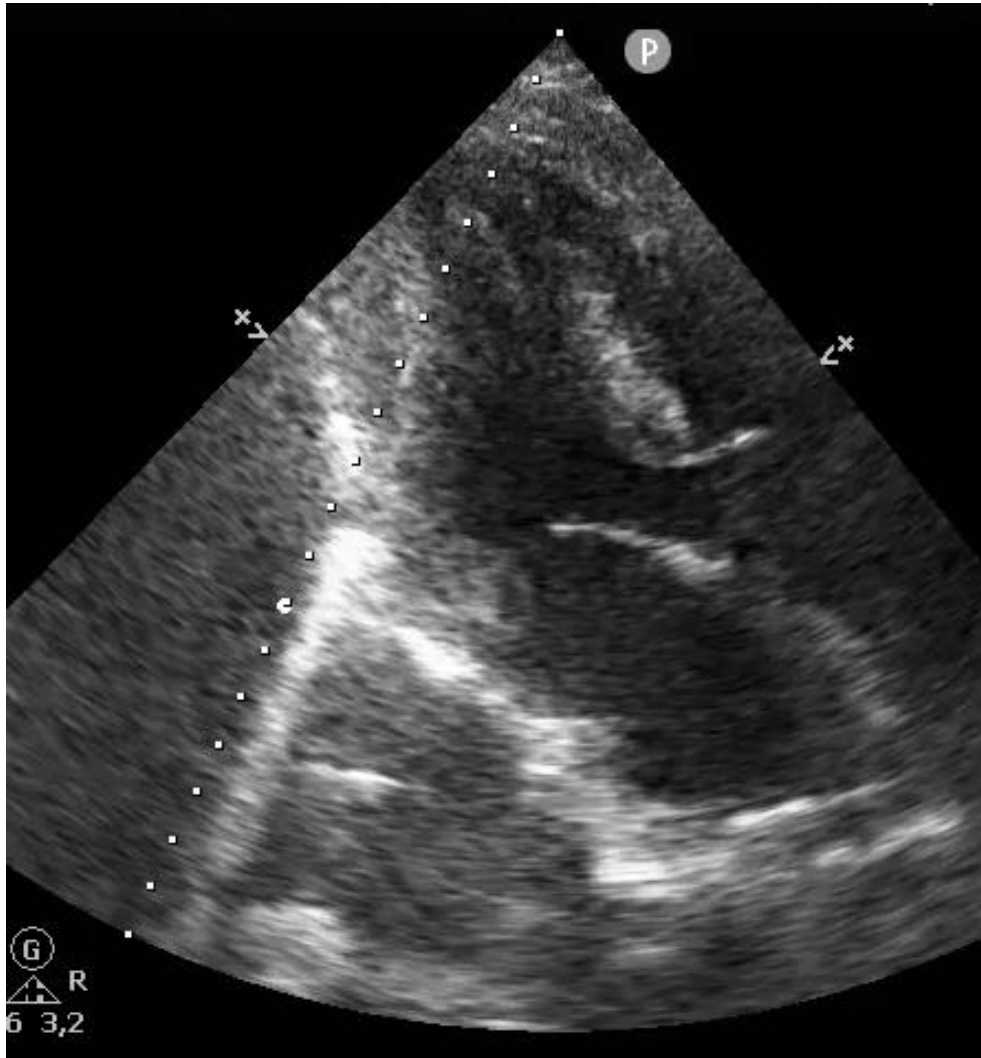
Continuous variables are described as medians and interquartile range

Immediate invasive approach



Suspected FM= early EMB

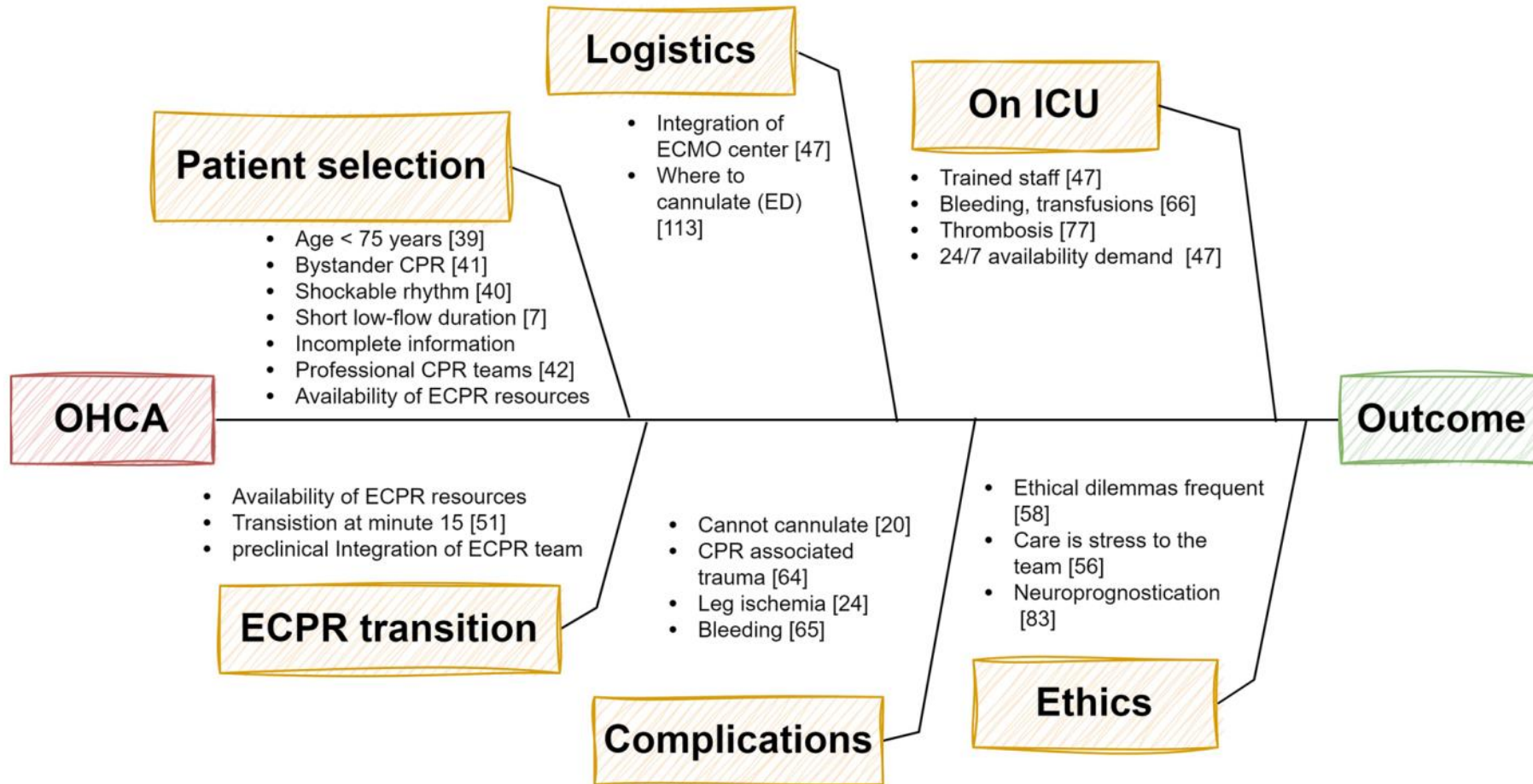
Unloading LV



- Echo before leaving cath lab
- Echo close monitoring first 6-24 hrs ACCU
 - IABP
 - Impella CP® (0%)

	2022	2023	2024
IABP	0	4 (57,1%)	1 (16,7%)

Keys to success



Post-resuscitation care



ECMO safety check-list

- Battery, Bubbles, alarms, etc
- O2 and gas supply
- Cannula markers
- Invasive arterial monitoring (right radial)

Post-resuscitation care

Contents lists available at ScienceDirect

Resuscitation

journal homepage: www.elsevier.com/locate/resuscitation




Clinical paper

ECMO Cardio-Pulmonary Resuscitation (ECPR), trends in survival from an international multicentre cohort study over 12-years[☆]



Alexander (Sacha) C. Richardson^{a,*}, Matthieu Schmidt^b, Michael Bailey^c, Vincent A. Pellegrino^a, Peter T. Rycus^d, David V. Pilcher^a

(n)	Cohort 1 2003–2006 166	Cohort 2 2007–2010 392	Cohort 3 2011–2014 1238	p Value
Acute renal failure	35 (21.1%)	83 (21.4%)	121 (10.8%)	<0.0001
Mechanical device problem	16 (10.3%)	25 (7%)	107 (10.7%)	0.12

Comparison of ECPR survivors to non-survivors.

n (%)	Survivors 520 (28.9%)	Non-survivors 1276 (71.1%)	p Value
Mechanical device problem	20 (5%)	128 (12%)	<0.0001

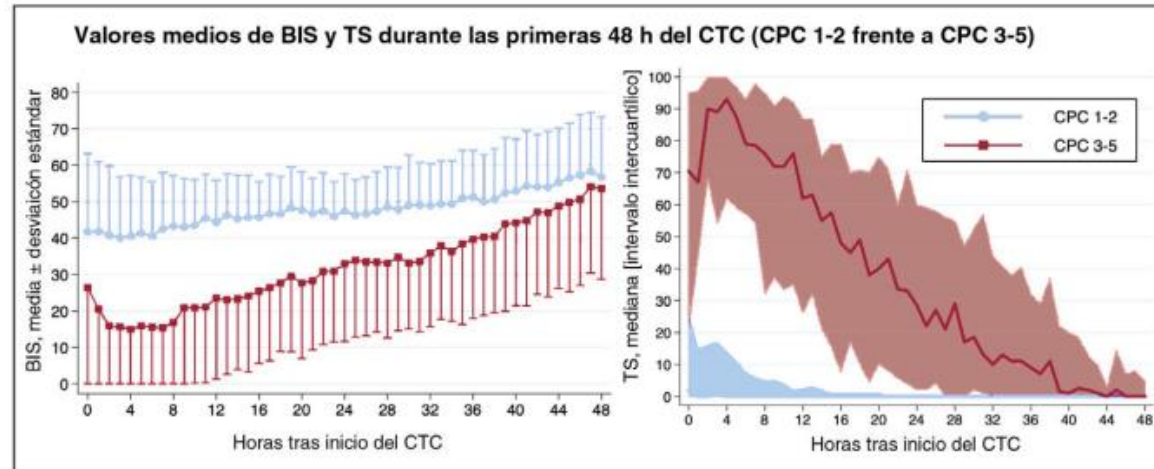
Post-resuscitation care

n = 340

Supervivientes a una parada cardiaca de edad ≥ 18 años
CTC al ingreso

Monitorización por BIS de 48 horas
Datos horarios del BIS y la TS

Estado neurológico (escala CPC) tras finalizar una evaluación neurológica completa



BIS prom. > 26 las primeras 12 h	Sensibilidad del 89,5%	Especificidad del 75,3%	CPC 1-2
	AUC = 0,869		
TS prom. > 24 las primeras 12 h	Sensibilidad del 91,5%	Especificidad del 81,8%	CPC 3-5
	AUC = 0,869		

CONCLUSIONES

La monitorización en tiempo real del BIS y la TS se relaciona con el potencial de recuperación neurológica del paciente tras una parada cardiaca

Establecer planes de escalada terapéutica individualizados para pacientes inestables con síndrome tras parada cardiaca

- Individual dosing of sedatives*
- Hourly registration
 - Experienced nurse
 - Reduces complications
 - Reduces days on MV
 - Neurological prognostication

Post-resuscitation care

Table 1 Univariate and multivariable comparisons of patients who underwent ECPR with or without TTM groups

Variables	ECPR with TTM (n = 471)	ECPR without TTM (n = 506)	Univariate P value	Multivariable P value	OR (95% CI)
Age (years)	57 (47–67)	62 (49–71)	<0.001	0.001	0.984 (0.975–0.993)
Male (%)	403 (86%)	425 (84%)	0.533	0.626	0.911 (0.626–1.325)
BCPR (%)	240 (51%)	234 (46%)	0.159	0.853	1.026 (0.786–1.338)
SR (%)	327 (69%)	319 (63%)	0.036	0.803	1.038 (0.777–1.386)
ICPS (min)	51 (42–62)	56 (46–69)	<0.001	0.685	1.000 (0.999–1.001)
Cardiogenic cause	442 (94%)	422 (83%)	<0.001	<0.001	2.927 (1.818–4.710)
CPC 1–2 (%)	75 (16%)	50 (10%)	0.005	0.025	1.570 (1.058–2.330)
TMPS (%)	189 (42%)				
ICTT (min)	249 (105–400)				
TT (°C)					
32	6 (1%)				
33	18 (4%)				
34	302 (65%)				
35	51 (11%)				
36	86 (19%)				
ITM (h)	43 (26–50)				

Post-resuscitation care

Table 2 Univariate and multivariable comparisons of cases with favorable and unfavorable neurological outcomes

Variables	Favorable outcomes (CPC 1–2; <i>n</i> = 125)	Unfavorable outcomes (CPC 3–5; <i>n</i> = 852)	Univariate <i>P</i> value	Multivariable <i>P</i> value	OR (95% CI)
Age (years)	54 (45–65)	60 (49–70)	< 0.001	0.001	0.978 (0.965–0.991)
Male (%)	102 (82%)	726 (85%)	0.288	0.215	0.723 (0.432–1.208)
BCPR (%)	62 (50%)	412 (48%)	0.848	0.541	0.885 (0.597–1.311)
SR (%)	96 (77%)	550 (65%)	0.006	0.013	1.828 (1.138–2.937)
ICPS (min)	46 (36–56)	55 (45–66)	< 0.001	0.946	1.000 (0.998–1.002)
Cardiogenic cause (%)	113 (90%)	751 (88%)	0.550	0.836	0.928 (0.460–1.873)
TTM (%)	75 (60%)	396 (46%)	0.005	0.021	1.588 (1.072–2.354)

Post-resuscitation care

Hypothermia in Acute Coronary Syndrome

Diego Penela MD, Marta Magaldi MD, Jaume Fontanals MD, PhD, Victoria Martin MD, PhD, Ander Regueiro MD, José

Tomas Ortiz MD, PhD, Xavier Bosch MD, PhD, Manel Sabaté MD, PhD y Magda Heras MD, PhD

JACC (Journal of the American College of Cardiology), 2013-02-12, Volumen 61, Número 6, Páginas 686-687, Copyright © 2013 American College of Cardiology Foundation

>30%

Is Therapeutic Hypothermia a Risk Factor for Stent Thrombosis?

Sandra O. Rosillo MD, Esteban Lopez-de-Sa MD, Angel M. Iniesta MD, Fernando de Torres MD, Susana del Prado MD,

Juan R. Rey MD, PhD, Eduardo Armada MD, PhD, Raúl Moreno MD, PhD y José L. López-Sendón MD, PhD

JACC (Journal of the American College of Cardiology), 2014-03-11, Volumen 63, Número 9, Páginas 939-940, Copyright © 2014 American College of Cardiology Foundation

2,7%

Post-resuscitation care

Immediate Platelet Inhibition Strategy for Comatose Out-of-Hospital Cardiac Arrest Survivors Undergoing Percutaneous Coronary Intervention and Mild Therapeutic Hypothermia

Peter Kordis ^{1,2}, Jernej Berden ^{1,2}, Ursa Mikuz ^{1,2} and Marko Noc ^{1,2,*}

Safe
No drug interaction ticagrelor

E-CPR 0%

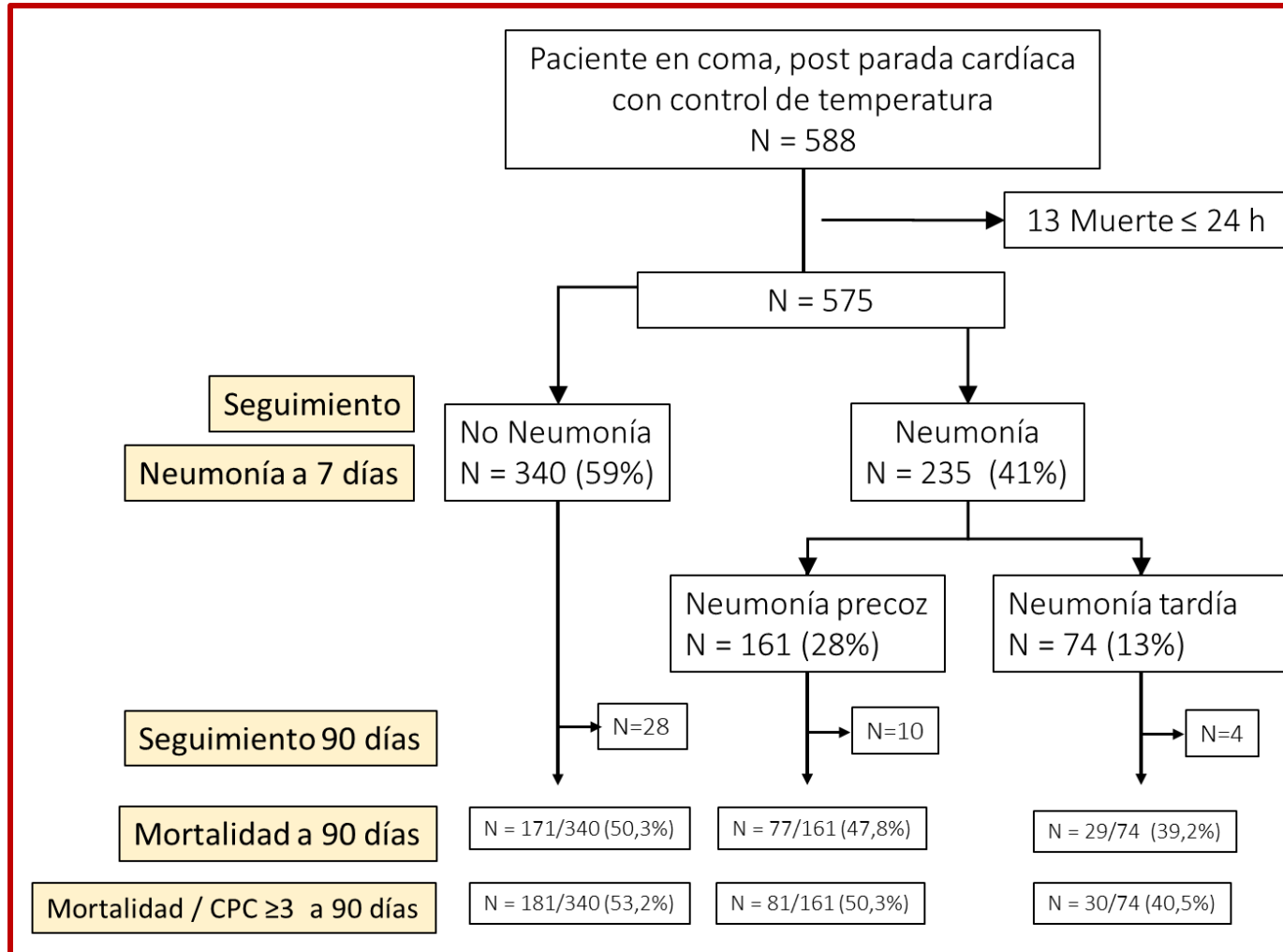
Ticagrelor Crushed Tablets Administration in STEMI Patients

Guido Parodi MD, PhD, Ioanna Xanthopoulou MD, Benedetta Bellandi MD, Vassilios Gkizas MD, Renato Valenti MD, Stavros Karanikas MD, Angela Migliorini MD, Christos Angelidis MD, Rosanna Abbate MD, Sotirios Patsilinaos MD, Giorgio J. Baldereschi MD, Rossella Marcucci MD, PhD, Gian Franco Gensini MD, David Antonucci MD y Dimitrios Alexopoulos MD

Pre-hospital treatment with crushed versus integral tablets of prasugrel in patients presenting with ST-Segment Elevation Myocardial Infarction-1-year follow-up results of the COMPARE CRUSH trial

Rosanne F Vogel ¹, Ronak Delewi ², Jeroen M Wilschut ³, Miguel E Lemmert ⁴, Roberto Diletti ³, Ria van Vliet ⁵, Nancy W P L van der Waarden ⁶, Rutger-Jan Nuis ³, Valeria Paradies ⁵, Dimitrios Alexopoulos ⁷, Felix Zijlstra ³, Gilles Montalescot ⁸, Dominick J Angiolillo ⁹, Mitchell W Krucoff ¹⁰, Pieter C Smits ⁵, Nicolas M Van Mieghem ³, Georgios J Vlachojannis ¹¹

Post-resuscitation care



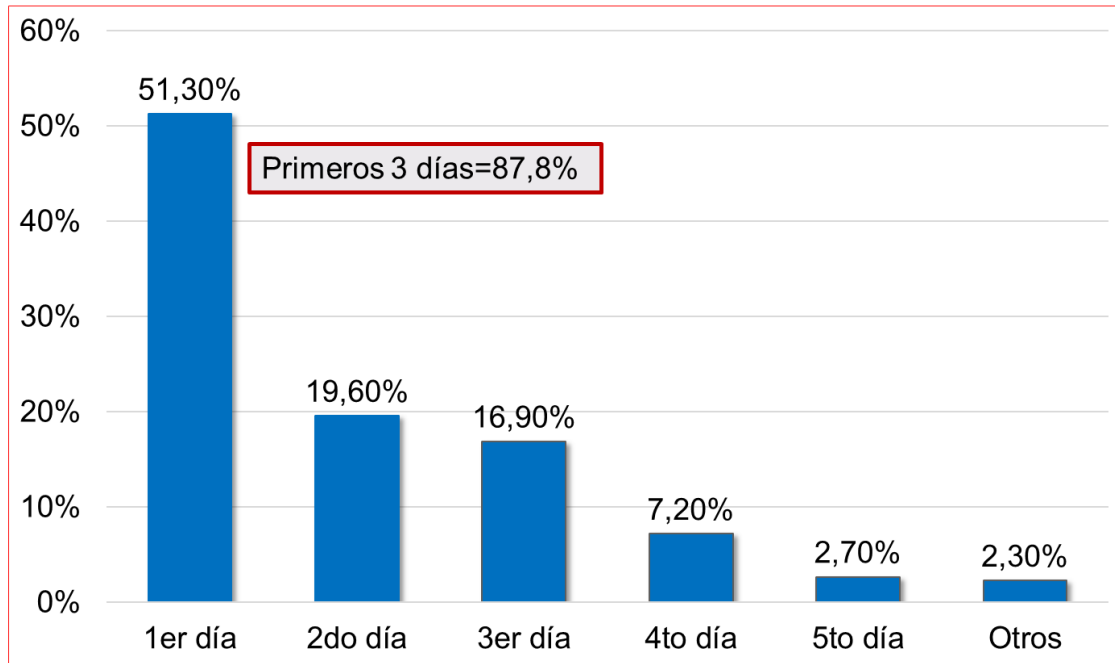
Infectious complications

- *S.aureus* status carriage screening
- Cultures at admission and upon clinical suspicion

Post-resuscitation care

Empleo de antibióticos

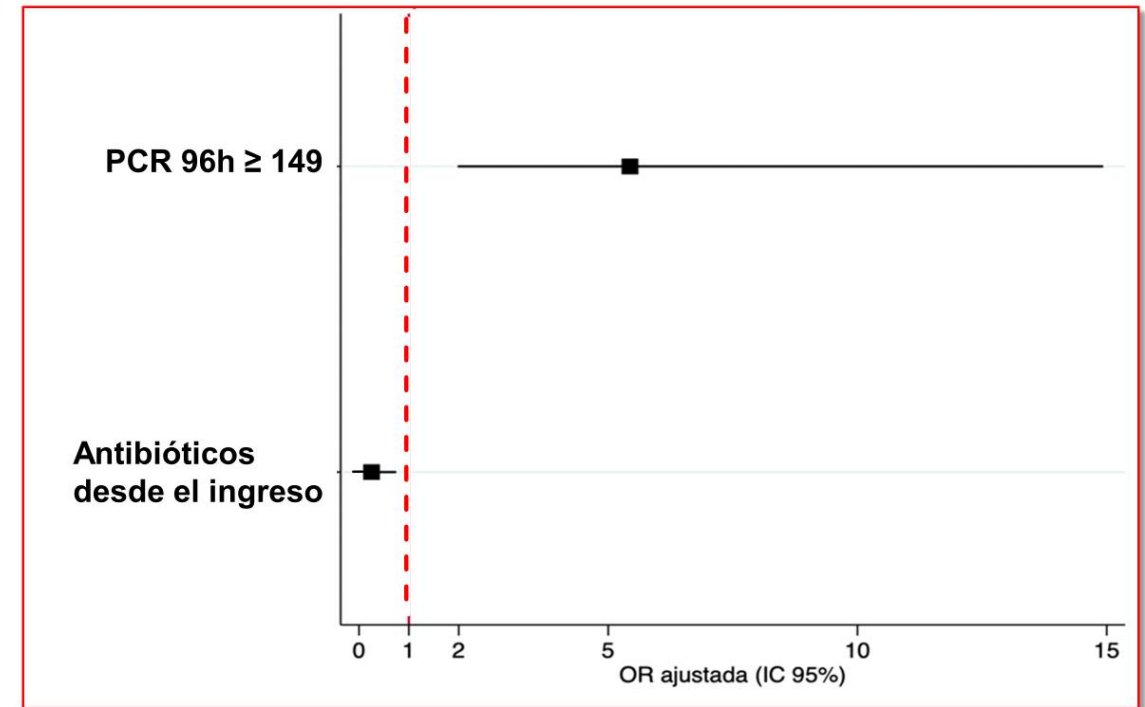
Porcentaje de prescripción de antibióticos de acuerdo con el día de ingreso



Infectious complications

- 1° Amoxiciline clavulanate >50%
- 2° Piperacilin-tazobactam 20%

Factores predictores de neumonía tardía

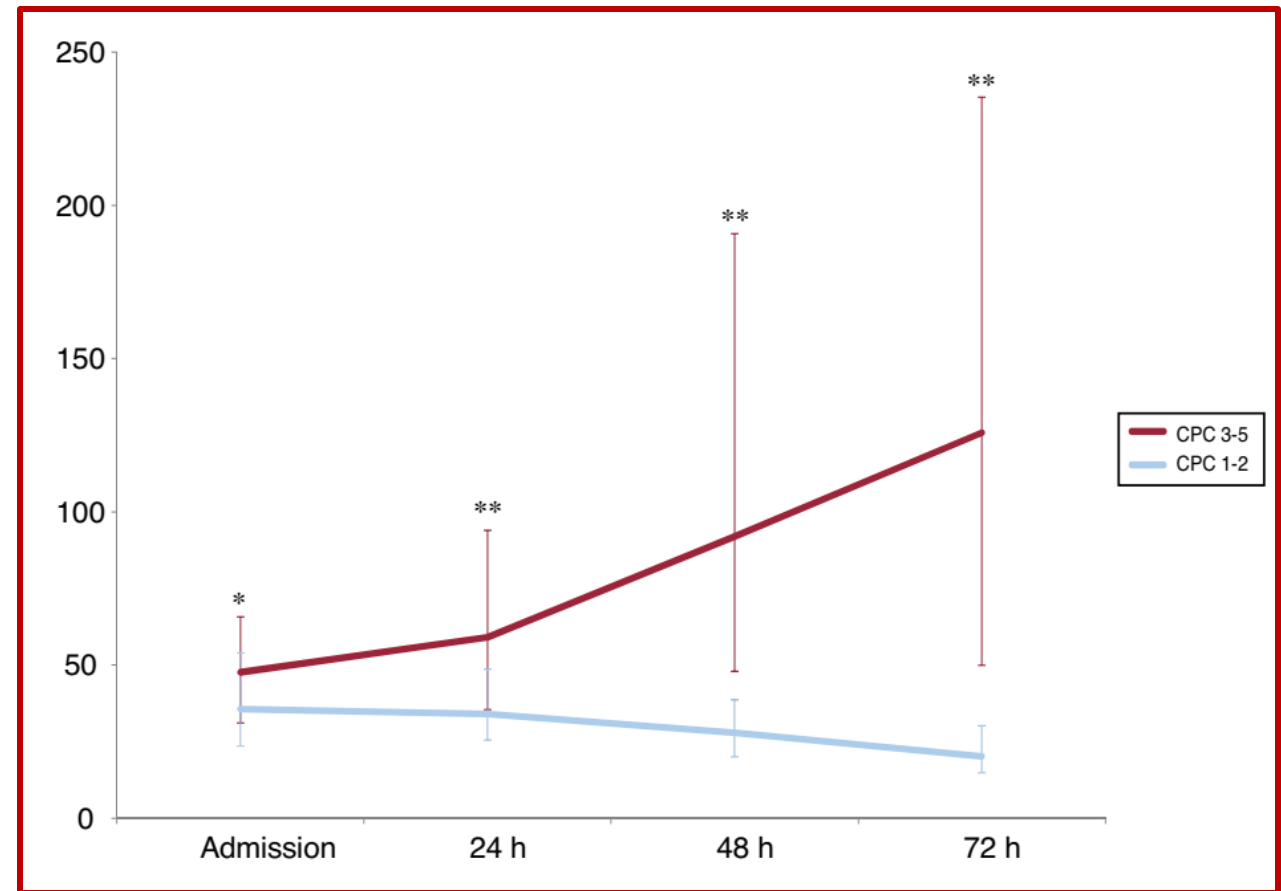


Rosillo. Neumonía de inicio precoz y tardío en pacientes con PCR y TTM. Factores relacionados con el riesgo y el pronóstico. Oct 2023.

Post-resuscitation care

Multimodal neurological prognostication

- Clinical
- Electroencephalogram (x2)
- Biomarkers: serial neuron-specific enolase levels
- Imaging



Post-resuscitation care

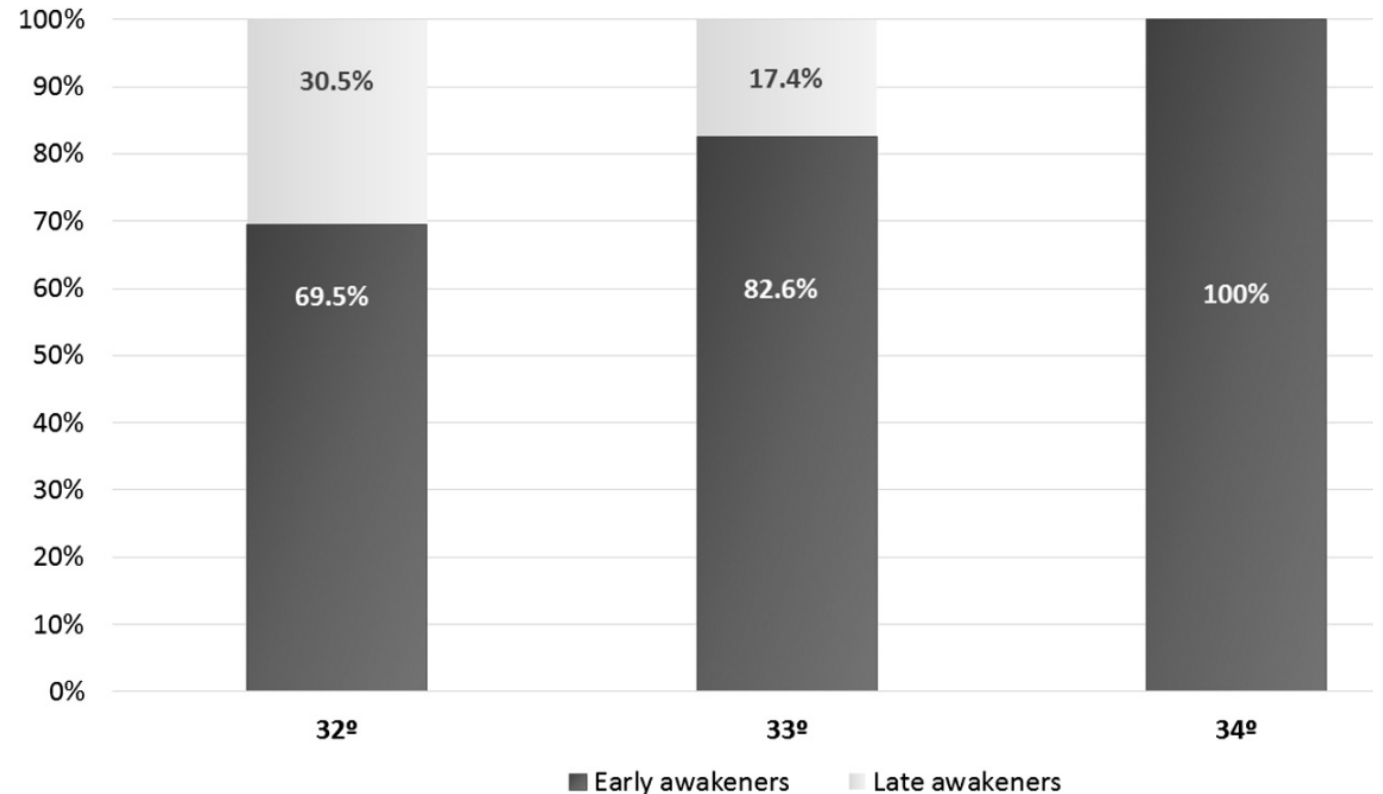


Clinical paper
Influence of the temperature on the moment of awakening in patients treated with therapeutic hypothermia after cardiac arrest[☆]
 Ines Ponz*, Esteban Lopez-de-Sa, Eduardo Armada, Juan Caro, Zorba Blazquez, Sandra Rosillo, Oscar Gonzalez, Juan Ramon Rey, Maria del Carmen Monedero, Jose Luis Lopez-Sendon
 Department of Cardiology, Hospital Universitario La Paz, Madrid, Spain

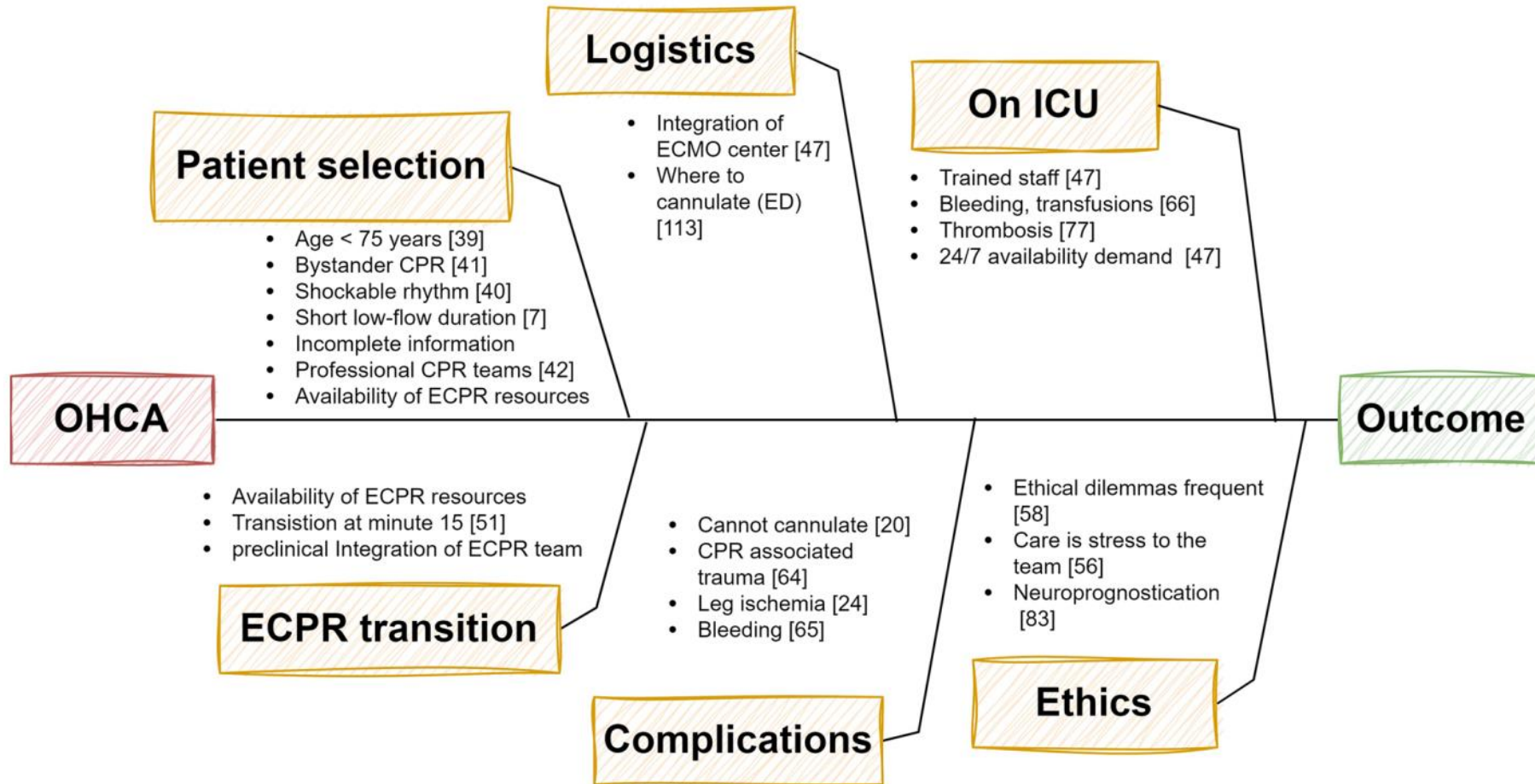
Multimodal neurological prognostication

- WLST never <72 hours
- Late awakening 5 days

Time of awakening depending on the target temperature



Keys to success



Outcomes



	2022	2023	2024*
E-CPR	9	13	11
OHCA	4 (44,4%)	7 (53,9%)	6 (54,6%)
IHCA	5 (55,6%)	6 (46,1%)	5 (45,4%)
Survival CPC 1-2	3 (33,3%)	6 (46,2%)	5 (45,5%)
OHCA	1 (25,0%)	4 (57,1%)	2 (33,3%)
IHCA	2 (40,0%)	2 (33,3%)	3 (60,0%)
Organ donations	1 (11,1%)	1 (7,7%)	4 (36,3%)
OHCA	1 (25,0%)	0	3 (50,0%)
IHCA	0	1 (16,7%)	1 (20,0%)

*Includes patients until August 1st, 2024

Continuous variables are described as medians and interquartile range

First author	Citation	Setting	Cannulation site	Patients in ECPR group	Hospital survival in ECPR	CPC 1–2 (6 months) in ECPR
Yannopoulos et al. 2020	[30]	OHCA	Hospital	15 (vs. 15)	43% (vs. 7%)	40% (vs. 0%)
Hsu et al. 2021	[108]	OHCA	Hospital	12 (vs. 3)	0% (vs. 33%)	0% (vs 0%)
Behlolavek et al. 2022	[29]	OHCA	Hospital	124 (vs. 132)	32% (vs. 23%)	32% (vs. 23%)
Suverein et al. 2023	[12]	OHCA	Hospital	70 (vs. 64)	20% (vs. 20%)	20% (vs. 16%)



Thank you